



## Guide to the Contemplative Outreach Resource Materials

The charts that follow are meant to assist beginning and experienced practitioners in navigating the published teachings and resources available in the [Contemplative Outreach online bookstore](#). These are only guidelines; any materials may be ordered by any level of practitioner at any time.

### GETTING STARTED

Books	DVDs	Audio CDs	Online Courses
Open Mind Open Heart	Six Continuing Sessions	Six Continuing Sessions	<a href="#">Centering Prayer</a> A Training Course for Opening to the Presence of God
Spiritual Journey Video Transcripts, Part I	Spiritual Journey, Part 1	Spiritual Journey, Part 1, CDs 1-5	
Centering Prayer in Life and Ministry	Contemplative Dimension of the 12 Steps	Contemplative Dimension of the 12 Steps	
A Deeper Love	Centering Prayer A Training Course	Inner Room	
From the Center, Poetic Prayers & Meditations	Invitation From God - DVD with booklet	Forgiveness CD - Contemplative Life Program, Year 1 module #5	
A Taste of Silence		Forgiveness Teleconference 12/2005	
An Invitation to Centering Prayer		Discernment Teleconference 08/11/2005	
Forty Days To a Closer Walk with God		Active Prayer Teleconference 12/7/2005	
Pathway to Freedom		Centering Prayer Teleconference 2/8/2006	
Divine Therapy, Addiction		Intention/Attention Teleconference 3/17/2006	
Centering Prayer - Contemplative Life Program, Year 1 module #1		Welcoming Prayer Teleconference	

<b>Books</b>	<b>DVDs</b>	<b>Audio CDs</b>	<b>Online Courses</b>
Welcoming Prayer - Contemplative Life Program, Year 1 module #2		5/09/2006	
Lectio Divina - Contemplative Life Program, Year 1 module #3		Lectio Divina Teleconference 6/29/2006	
Discernment - Contemplative Life Program, Year 1 module #4		20-Minute Meditation Timers (Search for "timer")	
Forgiveness - Contemplative Life Program, Year 1 module #5		Cello: 3-Track 20-Minute Meditation Timer	
Active Prayer - Contemplative Life Program, Year 1 module #6		Jerusalem--Spanish Chant 20-Minute Meditation Timer	
Intention/Attention - Contemplative Life Program, Year 1 module #7		20-Minute Meditation Timer CD- 2-track Gregorian Chant and Lute	

**ESTABLISHING A PRACTICE OF CENTERING PRAYER**

<b>Books</b>	<b>DVDs</b>	<b>Audio CDs</b>	<b>Online Courses</b>
Too Deep for Words	The Practices That Bring The Fruits of Centering Prayer Into Daily Life	Healing the Human Condition	<a href="#">Lectio Divina</a>
The Better part, Stages of Contemplative Living	Centering Prayer A Training Course	Contemplative Dimension of the Gospel	<a href="#">Forgiveness Growth in Love</a>
The Human Condition	Invitation From God - DVD with booklet	Prayer of Forgiveness	
Intimacy with God		The Practices That Bring The Fruits of Centering Prayer Into Daily Life	
Active Meditations for Centering Prayer		The Divine Therapy	
Psalms for Praying		Spirituality of Money Teleconference 5/25/2006	

Books	DVDs	Audio CDs	Online Courses
Lumen Christi, Holy Wisdom		Contemplative Service Teleconference 6/18/2006	
Finding Grace at the Center		Silence & Solitude Teleconference 9/13/2006	
Centering Prayer and Inner Awakening		Simplicity - Let Your Eye be Single Teleconference 11/29/2006	
Divine Therapy and Addiction		Advent-A Journey Into Faith Teleconference 12/21/2006	
Spirituality of Money - Contemplative Life Program, Year 2 module #1		Discipline of Prayer: A Friendship with Christ Teleconference 4/5/2007	
Contemplative Service - Contemplative Life Program, Year 2 module #2		Hospitality: The Dance Between Guest and Host Teleconference 5/2/2007	
Silence and Solitude - Contemplative Life Program, Year 2 module #3			
Simplicity - Contemplative Life Program, Year 2 module #4			
Discipline of Prayer - Contemplative Life Program, Year 2 module #5			
Hospitality - Contemplative Life Program, Year 2 module #6			
Faith: An Advent Companion - Contemplative Life Program, Year 2 module #7			

**CONTINUING A PRACTICE OF CENTERING PRAYER**

<b>Books</b>	<b>DVDs</b>	<b>Audio CDs</b>
Spiritual Journey Video Transcripts, Part 2	Spiritual Journey Part 2	Spiritual Journey Part 2, CD's 6-12
Spiritual Journey Video Transcripts, Part 3	Spiritual Journey, Part 3	Spiritual Journey, Part 3, CD's 13-17
Invitation to Love	Heartfulness- Transformation in Christ package, 3 DVDs guidebook and reflection cards	Lectio Divina
Journey to the Center	Invitation From God - DVD with booklet	Heartfulness- Transformation in Christ
Awakenings		
St. Therese of Lisieux, Transformation in Christ		
The Divine Indwelling		
Fruits and Gifts of the Spirit		
Foundations of Centering Prayer		
The Process of Forgiveness		
Centered Living		
Centering Prayer and the Healing of the Unconscious		
Spirituality, Contemplation and Transformation, Writings on Centering Prayer		
Divine Therapy and Addiction		
Heartfulness- Transformation in Christ Guide Book		

**A FAITHFUL PRACTICE OF CENTERING PRAYER**

Books	DVDs	Audio CDs
Crisis of Faith, Crisis of Love	Heartfulness- Transformation in Christ package, 3 DVDs guidebook and reflection cards	Heartfulness- Transformation in Christ
Loving Search for God	Invitation From God - DVD with booklet	
An Inspirational Minute Book		
ReAwakenings		
Thoughts Matter		
Tools Matter for Practicing Spiritual Life		
A Daily Reader for Contemplative Living		
A Place Apart		
Discovering the Center		
Heartfulness- Transformation in Christ Guide Book		

**SUPPORT FOR A WELL-ESTABLISHED PRACTICE OF CENTERING PRAYER**

<b>Books</b>	<b>DVDs</b>	<b>Audio CDs</b>
Spiritual Journey Video Transcripts Parts 4 & 5	Spiritual Journey Part 4, sessions 18 - 23	Spiritual Journey Part 4, CD's 18-23
The Mystery of Christ		Spiritual Journey, Part 5, CD's 24-28
Call to the Center - The Gospel's Invitation to Deeper Prayer	Spiritual Journey, Part 5, sessions 24-28	Christian Contemplative Heritage Series
The Kingdom of God is Like	Heartfulness- Transformation in Christ package, 3 DVDs guidebook and reflection cards	Heartfulness- Transformation in Christ
The Way of the Prisoner	Invitation From God - DVD with booklet	
Humility Matters		
Heartfulness- Transformation in Christ Guide Book		

**ENRICHMENT POSSIBILITIES**

<b>Books</b>	<b>DVDs</b>	<b>Audio CDs</b>
Heart of the World	Living the Contemplative Life	Healing Our Violence Through the Journey of Centering Prayer
Old Wine in New Skins, Centering Prayer & Systems Theory	Living the Paschal Mystery - Contemplative Life Program, Year 3	Ecumenism: United in Our Search for God
The Common Heart	Oneness: Unity in Contemplation	Homily--The Banquet
The Kingdom of God is Like	Transformative Listening	Unity in Diversity Transcending Boundaries & Embracing Unity in the Christian Heritage
The Paschal Mystery, A Journey into Redemption and Grace, booklett- Contemplative Life Program, Year 3	A Taste of Beauty, Truth and Goodness	United in Our Common Search for God
Community - Oneness in Contemplation, Contemplative Life Program, Year 4	Unity in Contemplation, Talks on the Spiritual Journey	Doorway to Devotion- Contemplative Entry into Christian Prayer
Islam Is...An Experience of Dialogue	Contemplative Vision ~ Awakening to Beauty, Truth & Goodness,	Paschal Mystery
	Living the Paschal Mystery: Hope and Redemption	Contemplative Vision ~ Awakening to Beauty, Truth & Goodness, 2007 Annual Conference presentations
	Invitation From God - DVD with booklet	Oneness: Unity in Contemplation
		Living the Paschal Mystery: Hope and Redemption