1. Contemplative Outreach is a spiritual network of individuals and small faith communities committed to living the contemplative dimension of the Gospel in everyday life through the practice of Centering Prayer.

Contemplative Outreach is a spiritual network and a living organism. Like any living organism, it needs nurturing and guidance. At each level of its growth, an appropriate response is called for. The resources that people need will shift as they grow because their needs will be different. It is the responsibility of the leadership to listen to these needs and then find creative solutions for what people say they need. Thus, the mutual listening throughout the whole spiritual network is one of the fundamental principles to which we are committed.

In the words of the Vision Statement, we are “a network of individuals and small faith communities committed to living the contemplative dimension of the Gospel in everyday life.” One of the chief concerns of most people who begin the practice of Centering Prayer is how to live the contemplative life in their everyday world. They want to know how to work contemplative prayer and action into the realities of a society that is moving at an ever faster clip, with more and more noise, busyness and less and less respect for periods of solitude and silence. There is a lack of spaciousness in our culture. Western society is characterized by the increasing speed of communication. We don’t have time to sit down and read a letter quietly because the writer wants an email in return. It is because of this sort of pressure that many people ask themselves, how can we possibly make a commitment to the Centering Prayer practice in daily life? Where can we find twenty minutes twice a day? How can we take a day of retreat when all our family, relatives, and friends want us to do something else? How can we pursue the spiritual journey if our spouse or other members of the family are jealous of the time we give to God? All these are practical problems that need to be addressed. The small faith community is a place where those who are committed to the Centering Prayer practice can find support and encouragement.

2. The contemplative dimension of the Gospel manifests itself in an ever-deepening union with the living Christ and the practical caring for others that flows from that relationship.

“The contemplative dimension of the Gospel” refers to the spiritual meaning and significance of sacred scripture. From this perspective, enlightened by the inspirations of the Holy Spirit, we do not read the text like a newspaper, book, even a sacred book, but as an interaction with the word of God present not only as the source of the text, but also present in us. Centering Prayer awakens us to the Eternal Word of God dwelling within us. The external word of scripture reinforces our conviction of the presence of the W ord of God within us. We begin to read scripture with the perspective and inspiration of the ones who wrote it. Under the influence of the Spirit, we penetrate the meaning of the text and the significance of the symbols of the Old and New Testament, especially the meaning of the wisdom sayings of Jesus, his example, and the wonderful richness of the stories taken from John’s Gospel which are paradigms of God’s grace in our own spiritual journeys.

Scripture, from the contemplative perspective, is the penetration of the meaning of the sacred text as an expression of our own experience of grace. We perceive that the same grace that was offered to the people in the Gospel is the source of our own experience of prayer and of daily life. We confidently identify with Peter, James, John, Mary of Bethany, Martha, and Lazarus. As we perceive our interior life described in those stories, we begin to relate to Christ in a new way. The Spirit inspires us to listen as the Spirit inspired the sacred writer to write. Scripture is so profound that everybody’s private life is laid out there. The awareness that the Spirit is within us inviting us to live in imitation of Christ, empowers us to be Christ in the world, to become a kind of fifth gospel, manifesting the goodness and tenderness of God to our daily lives. We become the word of God through the contemplative dimension of scripture.

As we penetrate the scripture through contemplative prayer, we awaken to the Spirit’s movements within us more and more. This awareness leads to an ever-deepening union with Christ, living our lives with us and sometimes for us, extending the message of the Gospel to the people in our particular circle of loved ones, friends, and the people we work with.

The contemplative dimension of the Gospel changes the way we live daily life. This is what is meant by the phrase “the practical caring for others” which is the complementary side of the contemplative dimension of the Gospel. Caring for others in this sense is sharing the Fruits of the Spirit: charity, joy, peace, meekness, faithfulness, goodness, patience, self-control, and gentleness, through which the Spirit mani-
fests the mind of Christ in our lives. The Beatitudes are even more profound assimilations of Christ’s teaching and example flowing from the Seven Gifts of the Holy Spirit – reverence, fortitude, piety, counsel, knowledge, understanding and wisdom. The Fruits of the Spirit and the Beatitudes are the signs that Christ is actually living in us. They continue to grow and manifest themselves in various ways. One of these ways is the purification of the unconscious and the consequent liberation from our false selves. Every time we move to a new relationship with Christ, every other relationship goes through a paradigm shift so that we relate in a new way and at new depths to God, ourselves, other people, the cosmos, and to the events in daily life.

3. Centering Prayer consists of responding to the call of the Holy Spirit to consent to God’s presence and action within. It furthers the development of contemplative prayer by preparing our faculties to cooperate with this gift.

This principle distinguishes the practice of Centering Prayer from the gift of infused contemplation. The question might be asked: How do we know when Centering Prayer becomes infused contemplation in the strict sense of the word? We don’t necessarily know. And it is not the best question to ask because it focuses our attention on ourselves. Certainly this much is true; Centering Prayer cannot be judged on the basis of the psychological content of a particular period of the prayer. Centering Prayer is rather a discipline to prepare us for the kind of silence that leads to the experience of the presence of God at ever-deepening levels through the deep rest conveyed by the practice. Centering Prayer will hasten the Night of Sense, which, according to St. John of the Cross, is the beginning of infused contemplation. The length of the Night of Sense cannot be predicted because it is different in every person. God decides how much time it will take depending on one’s vocation and preparation. It is a spiritual rite of passage that moves us away from an over-dependence on our psychological experience and lets go of our desire for sensible consolation in prayer that comes from the false self and its constant search for satisfaction. The Night of Sense over time lays that desire to rest. Our experience may then open out in one of two directions. One is an exuberant mysticism in which consolations of a spiritual kind tend to multiply. Or we may encounter what St. John of the Cross calls the “hidden ladder” or the “hidden staircase,” which is perhaps a quicker path to divine union than the other, but which is in a rather bare, boring and sometimes dry-as-dust experience. It takes a lot of determination to wait it out.

Both of these experiences move into another interior rite of passage that is called the Night of Sense, in which the Holy Spirit searches the deepest recesses of our unconscious and heals the psychological wounds of a lifetime. The Spirit also awakens the spiritual capacities that are hidden in the unconscious. These are the Fruits and Gifts of the Spirit and, above all, the presence of our Creator and Redeemer who is the source of our being at every level and whose presence is manifested in varying degrees according to the purifying and liberating process of the dark nights.

4. The source of Centering Prayer, as in all methods leading to Christian contemplative prayer, is the indwelling Trinity: Father, Son, and Holy Spirit. Its focus is the deepening of our relationship with the living Christ. Its fruits are ecclesial: it builds communities of faith and bonds the members together in charity.

Centering Prayer is primarily for beginners. Beginnings may take a long time for many of us because we can’t give it our full attention or because there is a significant amount of psychological disturbance due to our false selves. This is a time when we need to be faithful to the basic practice and to experience its effects in daily life. These are often quite subtle or even hidden from us. The Fruit of the Spirit called patience enables us to get used to the experience of waiting upon God and to grow in ever-increasing confidence in God. A subtle peace arises in the Night of Sense that is not so much a consolation as a growing attraction for solitude and silence even in the midst of activities that may be very demanding.

The Fruits of the Spirit and the Seven Gifts of the Holy Spirit – reverence, fortitude, piety, counsel, knowledge, understanding and wisdom. The Fruits of the Spirit and the Beatitudes are the signs that Christ is actually living in us. They continue to grow and manifest themselves in various ways. One of these ways is the purification of the unconscious and the consequent liberation from our false selves. Every time we move to a new relationship with Christ, every other relationship goes through a paradigm shift so that we relate in a new way and at new depths to God, ourselves, other people, the cosmos, and to the events in daily life.

The focus of Centering Prayer is the deepening of our relationship with the living Christ, that is, the glorified Christ risen in our hearts and abiding forever in the Christian community. We enter into Christ’s passion, death, resurrection, and ascension by consenting to God’s affirming and purifying action within us. As we sit in Centering Prayer, we identify with Christ on the cross and are healed of our emotional wounds.
The final point of this theological principle is the fruits of Centering Prayer, which we say are ecclesial. This is an important dimension of Centering Prayer. One cannot have a deep contemplative life without its being social at the same time. The way that we express this relationship to others, this interdependence with others, will differ according to our state in life. The tendency of the prayer is to bond with others who practice it. The community is not just people gathered together visibly.

What is a Christian community? It is a place where we find like-minded people joined together to help each other grow into divine union. A contemplative community is focused on the essence of what church really is, that is, a community of people called together by God to experience the fullness of the divine life as a community and not just privately. Hence, the need to celebrate it together through various forms of ritual and worship as well as in periods of silence.

5. A commitment to the regular practice of Centering Prayer is the primary expression of belonging to the spiritual network.

Everybody who practices Centering Prayer regularly is part of the spiritual network of Contemplative Outreach. Among all the things we may do by way of service, the greatest is to practice the prayer. Service does not take the place of the two daily periods of Centering Prayer. The greatest service we give each other is actually being faithful to our commitment because in doing it we are invisibly reinforcing it and putting the vibrant energy of contemplative prayer into the community. That is more valuable than any other service, however generous it might be. Without that, you will find that service will begin to diminish in its effectiveness. It needs to be said over and over again that the first expression of belonging to the spiritual network is to be available to God on a daily basis. St. John of the Cross used to say, “If you find you are too busy to give time to a daily period of prayer, then you are not really doing it.” If you do it regularly, you will find that you actually have more leisure time and you see that there are a lot of things that you don’t have to do that you used to think were necessary. Busyness diminishes because of a new perception of what is important. By our daily fidelity to the prayer, life begins to change of itself.

There are also practices to bring the effects of Centering Prayer into daily life. Contemplative prayer is allowing God to become the center of our lives rather than maintaining the false self and ourselves as the center of the universe. At some point there is a paradigm shift in everything we do. Sometimes we did things for ourselves or simply because they had to be done. Take daily work for instance. Nobody is saying to stop doing that. What I am saying is to start doing it for a different reason, namely, as a manifestation of our experience of Christ and not just as a way of earning a living. Centering Prayer is a way of bringing Christ and our experience of divine wisdom into everyday life, family, professional career, business, or whatever we are doing. That is why we call service in the Contemplative Outreach milieu, “contemplative service.” The motive and inspiration of our activity comes from the insights we are receiving in Centering Prayer and our service to others is thus gradually being reinforced by its regular practice.

(to be continued)
The Spanish Corner
By Ilse Reissner

Some exciting news that we would like to share with you is -

As announced previously, Extensión Contemplativa has two fundraising events coming up in the near future: two contemplative pilgrimages (our pilgrimages are quite different from any other tour you may have been part of, and those that have joined us in the past know this very well!). The first will be a very intense 13 days in the Holy Land, visiting as many significant places in the life of Jesus as possible and ending with a half-day retreat. It is mostly intended for those of you that understand Spanish, as both our guide and our priest will be Spanish-speaking. Date: It was originally planned for May, but now postponed until November 3rd. Our airline will be ALITALIA, giving us a chance to offer a post-extension of four days in Italy, visiting Rome and Assisi. Cost: $2,402 for the basic part (from Miami or New York) and $643 for the Italy extension. (Air/land, hotels, breakfast, dinner and all expenses are included, except airport taxes, tips, and visas.)

The second 11 or 18-day contemplative pilgrimage will depart on April 26, 2002, and will follow the footsteps of Peter and Paul. Our guide will be our old-time friend Samir, who has been with us in the past, and our spiritual director, Fr. William Meninger, who spent three years in this area as a Biblical scholar. We will spend one week in Israel, focusing on reliving events in the lives of Peter and Jesus, fly to Athens/Thessaloniki in Greece to join those not going to Israel, and, for six days follow Paul’s steps in Greece in our comfortable motorcoach, and then embark for a three-day cruise to visit the Greek islands and Ephesus in Turkey. Cost for Greece only, $2,675, for Israel and Greece, $3,795 from New York on Olympic Airways. (Air/land, hotels, shore excursions, breakfast, dinner, and all expenses included except airport taxes, tips and visas.)

If you are interested, please contact us at (407) 767-7567, or Fax (407) 767-6414 and we’ll send you a brochure.

Growth - When our Board met in January, we decided that each one of our members would be serving the needs of those places where a Spanish-speaking representative of Contemplative Outreach is required. Adalberto Henriquez will travel to El Salvador and Nicaragua in Central America, and two local people will be his support contacts. A visit to Argentina in April is being planned by Dr. Hugo Mejía or Ricardo López, again with two local people serving as their support contacts (one of them is moving from Miami to Argentina, where she is originally from, and the other participated in our Formation Program in July in Orlando). Isabel de Marion-Landais was in Puerto Rico for a weekend workshop on Lectio Divina, will return within the next couple of months; and, due to geographical location, will be following up with Carmen Sánchez. A visit to Venezuela is being planned next. Meanwhile, Carmen Sánchez is going to offer our first seven-day retreat in Spanish in Miami on October 18th to 24th (cost is $400, phone number to call for registration is (305) 661-6966, Fax (305) 666-2075). And, another Formation for Service is being planned for next year.

Our second bi-annual international meeting will be held in Orlando the weekend of July 20-22. We ask our readers who feel they can make a contribution to the Spanish national and international effort to let us know if they would like to attend, as the space is very limited at the San Pedro Retreat Center. We would also like to have your ideas and suggestions for this meeting. Donations for Extensión Contemplativa can be sent to Contemplative Outreach, indicating on your check that your donation be used for the Spanish Ministry. Thank you... Adiós, amigos – hasta la próxima – que Dios los bendiga a todos... !

A Moment With the Lord

By Joanne O’Rourke, NYC

I asked the Lord for favors
And thought he never heard,
His message was be silent
And say your sacred word.

I asked he give me knowledge
So I could better pray,
You learn my will by being still
W as what he seemed to say.

I asked him for the gift of faith
So I could spread his word,
He said, be free, just trust in Me
For I’ll decide who’s heard.

I beckoned then for wisdom
So I could change the lands,
He did request I learn to rest
And leave things in His hands.

I told him from his gentleness
My spirit would renew,
He said let go and let Me grow
For I created you.

There’s a spirit deep within you
In my likeness which is true,
W ith all life’s pain, it’s now turned feign
It’s time to make it new.

If you won’t sit in silence
You’ll never hear my voice,
You only know one way to go
And you always make the choice.

And so I rest in silence
W ondering if I’m heard,
The thoughts do flow, I let them go
And say my sacred word.

Contact on the Web!
Visit our web site at http://www.contemplativeoutreach.org for:

• Weekly articles by Fr. Thomas Keating, O.S.C.O
• Information about local events
• Locations of Centering Prayer groups
• Information about Centering Prayer resources: Books, Tapes

Contacts/Coordinators:
To list information about local events and groups, contact the International Office
email: office@coutreach.org, Voice: 973-838-3384 Fax: 973-492-5795
New Books By Father Thomas
Barbara Wuest

Over the Christmas break, I had the opportunity to read Fruits and Gifts of the Spirit and The Better Part, two new books by Fr. Keating. And I highly recommend both of them. Whether you’ve been centering for several years or have just begun this practice, I think you will find them helpful and inspiring. I have read every book that he has written, some of them two or three times. But in these two, I found that the same material is written differently. Deep and profound insights are presented in a beautifully simple way. How can he describe such complex inner workings of the soul in such clear sentences? These books speak to the heart more directly than the earlier ones. There is a more lyrical quality to the writing. In fact, in Gifts and Fruits of the Spirit, Fr. Keating includes two poems. Here is one stanza from his poem called “The Night of Self”.

“When all anxious seeking stops
Unity begins.
But every time I act
Even if to pray
Unity dissolves.”

This amazing stanza - which could only be written by someone who “walks the talk” - comes in at the end of the book. The chapters that precede it are full of what I would call lyrical substance. The section on “The Gift Counsel” was especially helpful to this reader. And in The Better Part, the chapter on “The Eucharist” is worth reading over and over. Keating writes: “Contemplative prayer... reduces the obstacles to the transforming energy of the Eucharist so that we can manifest in our attitudes and behavior the living Christ within us... A contemplative practice is not dissociated or separate from the dynamic movement of Lectio and the sacraments. If we do not have a discipline to reduce the obstacles in us to experiencing the presence of God, the full power of the sacraments is diluted and they do not achieve their full potential to transform us. That is why some people can receive Communion every day for years and remain unchanged. They do not make a serious effort to face the obstacles in themselves” (56). This is only a small sampling of the insightful stanzas and sentences you will find in these latest books. I’d suggest you take a look.

From the Center Poetic Prayers and Meditations
By Robert J. Hope
-forward by William A. Meninger

From the biblical Psalms, through the writings of Augustine and Bernard, to the verses of John of the Cross, Gerard Manley Hopkins, and Thomas Merton, the language of prayer has also been the language of poetry. Writing out of this tradition, Robert J. Hope presents the reader with intense verse reflections on the universal presence of God in ourselves and in all of nature. The imagery is richly erotic, reverently evocative of the beauty of floral and faunal creation, and transparently candid in its expression of the awe experienced by mystics, lovers, and children.

“With this beautiful book, meditation according to The Cloud of Unknowing and its contemporary counterpart, Centering Prayer, has come of age. There are thousands of people who will welcome From the Center with appreciation and understanding. Let this book speak to your heart as it does to mine.” - William A. Meninger

“These poetic meditations are graced gifts of the author’s daily discipline of Centering Prayer. Reflecting present-moment insights, the joys, challenges, struggles, and aspirations of the spiritual life are revealed in refreshing and provocative ways. From the Center invites the reader to deeper prayer with the Beloved of all hearts.” - Nan C. Merrill

95% percent of the royalties will support Contemplative Outreach. Robert J. Hope is a Commissioned Presenter of Centering Prayer and a New England Coordinator for Contemplative Outreach.

Monthly, we celebrate a Mass for the staff at the International Office. We would like very much to be able to pray for your special intentions. Please drop us a line or e-mail us so that we can include you in our prayers. office@coutreach.org
Resources Available from Contemplative Outreach, Ltd

Please send me the following books:

**by Fr. Thomas Keating**
- Fruits and Gifts of the Spirit: $12.00
- St. Therese of Lisieux: $10.00
- The Kingdom of God is Like: $14.95
- Open Mind, Open Heart: $12.95
- The Mystery of Christ: $12.95
- Intimacy with God: $16.95
- Awakenings: $12.95
- Reawakenings: $12.95
- Invitation to Love: $12.95
- Crisis of Faith, Crisis of Love: $10.95
- Active Meditations for Contemplative Prayer: $12.95 (HC)
- Heart of the World: $9.95
- The Human Condition: $5.95
- The Better Part: $14.95

**edited by Gus Reininger**
- Centering Prayer in Life & Ministry: $11.95

**by Sr. Thelma Hall**
- Too Deep for Words: $8.95

**by Sr. Mary Margaret Funk**
- Thoughts Matter: $12.95
- Loving Search for God: $11.95
- Process of Forgiveness: $13.95

**by Father William Meninger**
- A Taste of Silence: $14.95

**by Fr. Carl Arico**
- The Power of Silence: $18.00

**by Robert J. Hope**
- From the Center: $12.95 *N EW

**by Nan Merrill**
- Psalms for Praying: $16.95

**by Elizabeth Smith and Joseph Chalmers**
- A Deeper Love: $10.95

**by Fr. Basil Pennington**
- Lectio Divina: $14.95

**Spiritual Journey Handbooks**
- Volume I: $14.95
- Volume II: $14.95
- Volume III: $14.95
- Volume IV: $14.95 (Replaces Guidebook)

**Libros Traducidos al Español**

**by Fr. Thomas Keating**
- Invitacion A Amar: $12.95
- Reino De Dios Es Como: $10.95
- Intimidad Con Dios: $13.95

**by Sr. Mary Margaret Funk**
- Misterio de Cristo: $12.95
- El Corazon en Paz: $14.95 *N EW

**Audio/CD/Video Order Form**

**by Fr. Thomas Keating**
- Journey to Contemplation: (8 tapes) $35.00
- Divine Therapy: (4 tapes) $27.50
- The Gift of Contemplation and the Spiritual Journey: (6 tapes) $32.50
- The Kingdom of God Is Like: (4 tapes) $23.00
- The Contemplative Journey Vol. I and II: (24 tapes with Study Guide) (Formerly The Spiritual Journey): $168.00

**by Sr. Thelma Hall**
- Too Deep for Words: $8.95

**by Sr. Mary Margaret Funk**
- Thoughts Matter: $12.95
- Loving Search for God: $11.95
- Process of Forgiveness: $13.95

**by Father William Meninger**
- A Taste of Silence: $14.95

**by Fr. Carl Arico**
- The Power of Silence: (3 tapes): $18.00

**by Mary Mrozowski**
- Beyond Centering Prayer: (6 tapes) $31.00

**by Nan Merrill**
- Psalms for Praying: $16.95

**by Elizabeth Smith and Joseph Chalmers**
- A Deeper Love: $10.95

**by Fr. Basil Pennington**
- Lectio Divina: $14.95

**Spiritual Journey Handbooks**
- Volume I: $14.95
- Volume II: $14.95
- Volume III: $14.95
- Volume IV: $14.95 (Replaces Guidebook)

**by Sr. Thelma Hall**
- Too Deep for Words: $8.95

**by Sr. Mary Margaret Funk**
- Thoughts Matter: $12.95
- Loving Search for God: $11.95
- Process of Forgiveness: $13.95

**by Father William Meninger**
- A Taste of Silence: $14.95

**by Fr. Carl Arico**
- The Power of Silence: (3 tapes): $18.00

**by Mary Mrozowski**
- Beyond Centering Prayer: (6 tapes) $31.00

**by Nan Merrill**
- Psalms for Praying: $16.95

**by Elizabeth Smith and Joseph Chalmers**
- A Deeper Love: $10.95

**by Fr. Basil Pennington**
- Lectio Divina: $14.95

**Spiritual Journey Handbooks**
- Volume I: $14.95
- Volume II: $14.95
- Volume III: $14.95
- Volume IV: $14.95 (Replaces Guidebook)

For the first item include $4.00 for postage and handling. For each additional item include an additional $0.50. All orders should be accompanied by payment in full or credit card information. **Make checks payable to: Contemplative Outreach, Ltd.**

Name ____________________________________________________________
Street _____________________________________________________________
City _______________ State _________ Zip ________________
Phone __________________________

Resources on this page are available from Contemplative Outreach Ltd. Please do not use this order form to order tapes distributed by American Magnetic.
American Magnetic Media Presents
Video and Audio Tape Collection by Contemplative Outreach
1-800-USA-TAPE (1-800-872-8273)

The Spiritual Journey Series: (Video Only)

Complete Series with Prologue and Parts 1, 2, 3, & 4 $649.74

Complete Series without Prologue - Parts 1, 2, 3, & 4 $599.76

Prologue: (2-tape set)
* The Method of Centering Prayer
  The Psychology of Centering Prayer $49.99

Part 1: Developing Centering Prayer (6 tapes) $149.94
Part 2: Model of the Human Condition (6 tapes) $149.94
Part 3: Paradigms of the Spiritual Journey (6 tapes) $149.94
Part 4: Contemplation-The Divine Therapy $149.94

All tapes in the series may be purchased individually $24.99

Spiritual Journey Handbooks Parts 1, 2, 3, or 4
(correspond to each "part" in the series”) $14.95

Set of all 4 Spiritual Journey Handbooks $59.80

Six Follow-Up Sessions to the Introductory Workshop to Centering Prayer (Video Only)

Tape 1 (two sessions)
Session I: Prayer in Secret
Session II: The Discipline of Centering Prayer $24.99

Tape 2 (two sessions)
Session III: What Centering Prayer Is Not and What It Is
Session IV: The Basic Principles of Centering Prayer $24.99

Tape 3 (two sessions)
Session V: * The Method of Centering Prayer 1
Session VI: * The Method of Centering Prayer 2 $24.99

Special Price - Complete Set $64.99

Contemplative Dimensions of the 12 Steps

Tape 1: Centering Prayer As An 11th Step Practice $24.99 $11.95
Tape 2: Human Condition and the First Two Steps $24.99 $11.95
Tape 3: A Daily Practice of Transformation $24.99 $11.95
Tape 4: Questions & Answers with Fr. Keating $24.99 $11.95

Special Price - Complete Set $89.99 $47.00

Other Videos with Fr. Thomas Keating (video only)

Mary the Mother of God: A Model for Lay Contemplative Life $24.99
Transformation in Christ/St. Therese of Lisieux $24.99
The Gifts of the Holy Spirit $24.99
Centering Prayer Revisited $24.99
Who is Called to Contemplative Prayer $24.99

* Same Tape

To Order Video and/or Audio Tapes:
Call 1-800-USA TAPE
Clearly state if you are ordering audios, videos or both.
Send Check or M/O to: A.M.M. 13982 E Smith Drive,
Denver, CO 80011, Att: Order Dept.
Visa/MC, Discover, American Express

Shipping and Postage:
All single orders for video tapes add $4.00
Multiple Orders up to:
6.00 add $1.49
6.01 to 25.00 add $3.50
25.01 to 35.00 add $4.50
over 35.00 add $9.50

Videotapes are available for RENTAL through the International Office.
For information call: 973-638-3384
Updates

(EDITOR’S NOTE: Because of limited space, we aren’t able to include one-day activities and workshops in the Calendar of Events. The Updates section is a great place to let the readers know of the one-day opportunities that your chapter has to offer.)

Alta, WY
The Alta Retreat Center is growing along with Contemplative Outreach. Our newly formed Board of Trustees now includes Sr. Catherine Bazaar, Fr. Martin O’Loghlen and Rev. Eugene Sutton. We look forward to expanding our contemplative prayer programs, and are thrilled with the enthusiastic responses to our 30-Day Retreat coming up this summer. It’s hard for us to be impartial about this spectacular place we call home, Teton Valley. We hope and pray that you will choose to come see for yourself to experience the solitude and sabbath our quiet mountain retreat offers. Peace in Christ. Rev. Sandy Casey-Martus, ARC Director (307) 353-8100.

Denver, CO (Contemplative Outreach of Colorado)
Record enrollment in classes and special events at our Center for Contemplative Living reflects the growing number of people who desire a spiritual presence in their busy lives. In January, 56 people attended the Basic Introductory Workshop and 40+ people attended the Basic Centering Prayer Course. Fr. Thomas Keating will be the keynote speaker for our 8th Annual Contemplative Conference on March 24. Fr. Vinca Holwyn, SJ and Sr. Eleanor Sheehan, C.S.J. of Sacred Heart Retreat House, and Kathy Hendricks, Interim Parish Director of Pax Christi, will host conference workshops on aspects of developing a spiritual outlook on life. Spring 2001 marks the beginning of our “two-tier” approach to meeting the needs of those beginning a Centering Prayer practice as well as those of the more seasoned practitioner. In addition to the Spiritual Journey Series, our curriculum includes a “False Self Film Festival”, workshops on the Welcoming Prayer and Practice of Forgiveness, and a Centering Prayer immersion experience. In April, David Frenette, a former Chrysalis House staff member, will present a five-day retreat with a three-week follow-up course on the Christian Heritage. The second session of the Nine-Month Course will finish in May and plans for the Fall group are in the making. Our activities continue into the summer with our St. Malo Weekend Retreat in June. July 15-21, local leaders and I will present Formation and Training of Presenters for the Introduction Workshop on Centering Prayer. As we near maximum use of our facility and volunteer staff, we are ever mindful of our vision and our common search for spirituality in the 21st century. Sr. Bernadette Teasdale, (303) 698-7729.

Long Island/Queens, NY
In response to the question, “What are we doing next year?” from participants at the closing of The Living Flame II Program, grew our Enrichment Program - a series of four monthly presentations including the Welcoming Prayer, Lectio Divina, the Forgiveness Prayer and the Power of Silence. Introductory Workshops are scheduled in Suffolk County, a newly developing Centering Prayer area for Long Island. In the Fall of 2001, we will be offering the Formation for Contemplative Outreach Service using the model that was so successful in New York City - meeting one Sunday a month for six months. Coming to Long Island in the Fall of 2002 is the “on the road” team of Cathy McCarrthy and Joanne O’Neill to present the Nine-Month Course: The Practice of Contemplative Living at Our Lady of Grace Center in Manhasset. The Long Island/Oueens Chapter has made its pledge to the Contemplative Outreach Fundraising Campaign in addition to tithing twice a year to the International Office. Long Island Steering Committee Barbara Sullivan (516) 481-0472.

Northwest (Contemplative Outreach Northwest)
The relationship with God keeps stimulating Contemplative Outreach Northwest to stretch ourselves with more workshops and more kinds of workshops by our presenters (16 between January and July) more people (1200) receiving the newsletter, and more people visiting our website (www.conw.org). Cynthia Bourgeault will give a five-day workshop in Seattle in July, and Bill Sheehan and Susan Koms are coming to give weekend or longer workshops this year. We have 30 Centering Prayer groups. Many share the work, giving the coordinator time to volunteer to Monroe Penitentiary, co-teach a workshop for the assistants at the L’Arche community here, co-present Centering Prayer to clergy and lay people at an organized Annual Ministry Resource Day in March, and give an 11th Step workshop at a national 12-Step convention in June. Thus the prayer feeds our lives. Barbara Huston (206) 282-9076.

Raleigh, Durham and Chapel Hill, NC (Contemplative Outreach of the Triangle)
We are officially Contemplative Outreach of the Triangle, but outside of our neighboring states, we are probably better known geographically by the three cities above. However you know us, we are experiencing wonderful growth in Centering Prayer. Our Core Team of Flo Hartye, Betty Stoddard, John Kelsey and I meet the first Saturday of every month for administrative and planning purposes. We have been doing that for over a year. We are into our second year of Quarterly Days of Prayer – with dates set for June, September and January, 2002. A different church hosts each quarter. We expect to have Centering Prayer retreats and Formation Training in our area in 2002. There are currently 20 Centering Prayer groups meeting on a regular basis. They represent Episcopal, Presbyterian, United Church of Christ, Roman Catholic (plus Newman Center), and Lutheran faith traditions. We are all greatly looking forward to Fr. Thomas’ appearance here on Saturday, September 8. He will be speaking on Transformation and Centering Prayer – a topic already generating a lot of interest. We have a separate Planning Team already in place, doing an outstanding job. We anticipate a great turnout and a boost that will take our burgeoning activity and interest to greater heights...and depths. Jim Biggins (919) 969-9604 jbiggins@mindspring.com.

continued next page
Greetings from the Tampa Bay area! There has been a lot of resistance to writing a paragraph for the newsletter in the past because of the assumption only those areas doing “great and wonderful” things would be of interest until this thought came: There must be many other areas where progress is being made slowly in this great work with which we are charged. And so, the resistance was overcome in order to encourage smaller groups. Thus, we are writing to let readers know our area is growing steadily and slowly. The number of prayer groups has grown to 10 over the last several years. In addition to four or five Introductory Workshops yearly, we sponsor the United in Prayer Day each March, and, for the first time, will have two sites—one in Crystal River and one in St. Petersburg. In the Fall we added an “Uncovering Your Hidden Motivation” workshop, and in the last two winters, offered the “Welcoming Prayer Workshop.” Another highlight was a weekend retreat on Centering Prayer and Enneagram presented by Fr. Bill Sheehan and Jean Jolly of Tampa. While in the area, Fr. Bill presented an evening forum for the community at large on Lectio Divina that enriched us greatly. We seem to add events as the needs arise. With both of us retired as of the summer of 2000, it seems the pace is picking up a little...more Introductory Workshops, more events at which to present the Centering Prayer concept. Other leaders seem to be emerging, and that gives us hope for even more to be accomplished as we slowly move forward—hopefully, always under the guidance of the Holy Spirit.

John & Marge Rafftery, Co-Coordinators 727-345-7908.

Walden, NY (Contemplative Outreach of Orange County)

In June St. Andrew’s Retreat House will be hosting the first 21-Day Centering Prayer Immersion Retreat with Fr. Thomas Keating, Fr. Carl Arico and David Frenette. The response from the last Newsletter was so overwhelming that we added one January 12-Feb 1 and June 1-21, 2002. We are presenting three One-Day Introductory Workshops per Quarter, and now need to begin focusing on Days of Prayer, supporting Centering Prayer Groups and other one-day Workshops. The “Living the Welcoming Prayer in Daily Life” with David Frenette was incredible, and we have scheduled another this December. A new Contemplative Living Community formed from the last Nine-Month Course and is meeting monthly at the Butler, NJ office. We tithe 2.5% of our gross income each month to the Int’l Office, and have made our pledge for the next five years. We continue to be in awe of God’s great goodness and generosity in our ministry at St. Andrew’s and are especially grateful to Contemplative Outreach for their continued support. Cathy McCarthy 845-778-2102 or Email cathymc@frontiernet.net.
Centering Prayer Weekend Retreats
Includes conferences renewing the Method of Centering Prayer and a moderate amount of Centering Prayer in common.

Richmond, VA
Centering Prayer Retreat for Facilitators
Richmond Hill June 1-2

Manchester, NH
Joseph House June 1-2
Contemplative Retreat Center

Houston, TX
Richmond Hill June 1-2
Ruah Center at Villa De Matel Convent

Seoul, Korea
Sang Ji June 12-16
Retreat Center

Manchester, NH
June 6-9
Joseph House
Contemplative Retreat Center

Houston, TX
June 13-14
Ruah Center at Villa De Matel Convent

Washington, DC
June 15-17
Dayspring Retreat Center

Manhasset, NY
June 22-24
St. Ignatius Retreat House

Waldoboro, ME
June 28-Jul 1
Wellspring Retreat Center

Houston, TX
June 29-30
Ruah Center at Villa De Matel Convent

Frenchville, PA
July 12-15
4 Day
Bethany Retreat Center

San Antonio, TX
July 13-15
St. Mary’s University

Belton, TX
Aug 3-5
Cedarbrake Retreat Center

Dallas, TX
Aug 17-19
Christian Renewal Center

Houston, TX
Aug 31-Sep 1
Ruah Center at Villa De Matel Convent

Seattle, WA
Sep 7-8
Rainbow Lodge

Walden, NY
Sep 7-9
St. Andrew’s Retreat House

Temecula, CA
Sep 21-24
4 Day
Vina De Lestonnac

Albuquerque, NM
Sep 26-28
Spiritual Renewal Center

White Plains, NY
Sep 27-30
Facilitator’s Workshop

St. Louis, MO
Sep 28-30
Marianist Retreat Center

Pacific City, OR
Sep 30-Oct 1
Nestueca Sanctuary

Houston, TX
Oct 5-6
Ruah Center at Villa De Matel Convent

Walden, NY
Oct 5-7
St. Andrew’s Retreat House

St. Joseph, MN
Oct 5-7
St. Benedict’s Monastery & Retreat Center

Frenchville, PA
Oct 5-7
Bethany Retreat Center

New Baltimore, PA
Oct 12-14
St John the Baptist Retreat Center

Winnipeg, MB
Canada
Oct 12-14
St. Benedict’s Retreat House

Pusan, Korea
Oct 16-20
Pusan Center
4 Day
for Spirituality

Albany, NY
Oct 19-21
Dominican Spiritual The Power of Silence Life Center

Boston, MA
Oct 25-28
Contemplative Outreach Staff
Contact: Theresa Kim (617) 277-7455

Richmond, VA
Oct 26-28
Fr. Bill Sheehan
Contact: April Swofford (804) 783-7903

Seattle, WA
Oct 26-28
Susan Komis
Contact: Mike Regis (206) 328-2318

Houston, TX
Oct 26-28
Fr. W. Illiam Sheehan
Contact: Fr. W. Illiam O’Hallahan (206) 935-0358

Encino, CA
Nov 2-4
Holy Spirit Retreat Center

Brooklyn, NY
Nov 9-11
DeSales Center

Richmond, VA
Oct 26-28
Contemplative Outreach Staff
Contact: Therese Curley (804) 783-7903

Seattle, WA
Oct 26-28
Contemplative Outreach Staff
Contact: Tom Skinner (914) 328-0420

Houston, TX
Oct 26-28
Contemplative Outreach Staff
Contact: Fr. Bill Fickel (314) 918-8288

Pacific City, OR
Contemplative Outreach Staff
Contact: Gini Graham (503) 645-3448

Houston, TX
Contemplative Outreach Staff
Contact: Janet Troy (713) 938-6055

Walden, NY
Sr. Juanita Morales
Contact: Cathy McCarthy (845) 778-2102

New Baltimore, PA
Contemplative Outreach Staff
Contact: N. Julian Fedder (814) 263-4855

Pusat, Korea
Contemplative Outreach Staff
Contact: Fr. Pyo (011-8235-384-9690)

Albany, NY
Fr. Carl Arico
Contact: Bruce Gardiner (518) 325-5546

Richmond, VA
Staff
Contact: Fr. Bill Sheehan (804) 783-7903

Seattle, WA
Contact: Mike Regis (206) 328-2318

Houston, TX
Contemplative Outreach Staff
Contact: Janet Troy (713) 938-6055

Encino, CA
Contemplative Outreach Staff
Contact: Sr. Linda Snow (818) 784-4515

Brooklyn, NY
Contemplative Outreach Staff
Contact: Margaret (517) 492-8218
continued next page
National Calendar of Events
Continued from page 11

Honolulu, HI
St. Anthony
Retreat Center
June 18-25
Contemplative Outreach Staff
Contact: Sr. Katherine Theiler
(808) 988-6540

Immaculata, PA
Villa Maria
Spirituality Center
June 26-July 4
Contemplative Outreach Staff
Contact: Sr. Margaret Gradl
(610) 644-1152 or 647-6630

Winnipeg, MB
Canada
July 6-13
Contemplative Outreach Staff
Contact: Sr. Catherine Labinovich
(204) 338-4601

Andover, MA
Franciscan Center
Aug 11-17
Contemplative Outreach Staff
Contact: Sr. Lorraine Pianka
(978) 858-0856

Alta, WY
Aug 19-25
Contemplative Outreach Staff
Contact: Rev. Sandra Casey-Martus
(307) 353-8100

Holy Trinity, AL
Holy Trinity Shrine
Retreat Center
Aug 21-28
Fr. Bill Fickel
Contact: Sr. Gerry W helan
(334) 855-4474

Sainte Therese, CA
Cedarbrake
July 15-21
Contemplative Outreach Staff
Contact: Sr. Carl Arico
(610) 644-1152 or 647-6630

Walden, NY
St. Andrew’s
Retreat House
September 26-30
Contemplative Outreach Staff
Contact: Cathy McCarthy
(845) 778-2102

10 Day Intensive Retreats
Snowmass, CO
June 12-21
Contemplative Outreach Staff
Contact: Pat Johnson
(970) 963-3964

Boyon Beach, FL
June 15-24
Contemplative Outreach Staff
Contact: Barbara Reitberg
(305) 386-7507

Frenchville, PA
June 23-Jul 1
Contemplative Outreach Staff
Contact: Carol W ray
(615) 373-0613

Belton, TX
Cedarbrake
Sept 26-30
Contemplative Outreach Staff
Contact: Barbara Cook
(512) 347-9673

Post Intensive Centering Prayer Retreats
Provides an opportunity for intensive Centering Prayer, Lectio Divina, solitude and silence in community. Prior Centering Prayer Retreat experience necessary. May be 5, 6, 7, 8, 9 or 10 day.

Sewanee, TN
St. Mary’s
Retreat Center
June 10-17
Contemplative Outreach Staff
Contact: Sr. Mary McGehee
(504) 394-1795

Frenchville, PA
Bethany Retreat Center
June 23-Jul 1
Contemplative Outreach Staff
Contact: Nicole Fedder
(814) 263-4855

Belton, TX
Cedarbrake
July 6-15
Contemplative Outreach Staff
Contact: Kristine Harpenau
(800) 880-2777

5-6-7-8-9 Day Post Intensives
Sewanee, TN
St. Mary’s
Retreat Center
June 10-17
Contemplative Outreach Staff
Contact: Sr. Mary McGehee
(504) 394-1795

Belton, TX
Cedarbrake
July 6-15
Contemplative Outreach Staff
Contact: Kristine Harpenau
(800) 880-2777

Alta, WY
Alta 7 Day
Retreat Center
July 17-23
Contemplative Outreach Staff
Contact: Rev. Sandra Casey-Martus
(307) 353-8100

Holonolulu, HI
St. Anthony
Retreat Center
July 31-Aug 7
Contemplative Outreach Staff
Contact: Sr. Katherine Theiler
(808) 988-6540

Advanced Centering Prayer Retreats
Provides an opportunity to deepen the practice of Centering Prayer in an atmosphere of silence and community support. The Advanced Intensive usually features Part IV of the “Spiritual Journey” Videotape series by Fr. Thomas Keating. Prior Centering Prayer Retreat experience required. May be 5, 8, 9 or 10 day.

Villa Maria, PA
Villa Maria
Retreat House
June 10-17
Contemplative Outreach Staff
Contact: Sr. Mary McGehee
(504) 394-1795

Frenchville, PA
Bethany Retreat Center
June 23-Jul 1
Contemplative Outreach Staff
Contact: Nicole Fedder
(814) 263-4855

Belton, TX
Cedarbrake
July 6-15
Contemplative Outreach Staff
Contact: Kristine Harpenau
(800) 880-2777

Post Intensive Centering Prayer Retreats
Provides an opportunity for intensive Centering Prayer, Lectio Divina, solitude and silence in community. Prior Centering Prayer Retreat experience necessary. May be 5, 6, 7, 8, 9 or 10 day.
well as an opportunity to look at our own Centering Prayer practice in light of the Essentials. Prerequisites are prior attendance at a 10 Day Intensive Retreat and the daily practice of Centering Prayer. The Course includes Centering Prayer and presentations by the staff and participants.

**Seoul, Korea**
June 5-10
Contemplative Outreach Staff
Sang ji
Retreat Center

**Richmond, VA**
June 25-July 1
Theresa Saulnier
Contact: April Swofford
(804) 783-7903

**Alta, WY**
June 17-23
Contemplative Outreach Faculty
Contact: Rev. Sandra Casey-Martus
(307) 353-8100

**Milwaukee, WI**
July 13-19
Contemplative Outreach Faculty
Contact: Madeline Soo
(414) 961-2610

**Pittsburgh, PA**
Sep 21-25
Contemplative Outreach Faculty
Contact: Jeane Kish
(412) 279-9505

**Manhasset, L.I., NY**
Oct 28-May 19
Contemplative Outreach Faculty
Contact: Anne Maiazza
Center for theology of Grace Center
(516) 794-8233

**Snowmass, CO**
Nov 13-20
Contemplative Outreach Faculty
Contact: Pat Johnson
(970) 963-3964

**Parish Missions/ Retreats - Fr. Carl Arico**
Contact: International Office Butler, NJ (973) 838-3384

**Manhasset, L.I., NY**
Oct 28-May 19
Contemplative Outreach Faculty
Contact: Anne Maiazza
Center for theology of Grace Center
(516) 794-8233

**Nine Month Course: The Practice of Contemplative Living**
An ongoing process of formation enabling participants to create their unique contemplative lifestyle in the contemporary world. Commitment is one weekend a month for nine months. Prayer, contemplative living and the integration of contemplation and activity are cultivated; the process is aided by the development of relational prayer through contemplative prayer practices. For information contact New York - Cathy McCarthy, 845-778-2102.

**The Living Flame**
A national program on contemplative issues, designed to heighten the awareness of the dynamic of Centering Prayer in the context of the Spiritual Journey, offering guidance and intelligibility needed to stay faithful to the practice. It is an opportunity to receive and share conceptual background at a deeper level, as well as experiential insight, thus building a faith community committed to the Centering Prayer practice. Meets one Saturday a month during seven consecutive months. For information, contact Monica Freeman (504) 924-3812.

**Contemplative Outreach Ltd. Study Program In The Christian Contemplative Tradition**
The twelve week course is divided into two parts and covers contemporary expressions of the Christian contemplative tradition and then reaches back, during the last six weeks to the beginnings of the systematic practice of contemplative prayer among the desert monks of Syria, Egypt and Palestine. Objectives of this course include facilitating a deeper understanding of the depth and richness of the Christian contemplative tradition and the chance to engage the study material beyond the intellectual level in order to find the living tradition as we personally interact with it in our everyday lives. For more information, call Bonnie Shimizu (970) 927-3858 or email - bs@rof.net.

**Formation for Contemplative Outreach Service**
Provides training and practice in interiorizing and communicating the essential elements of an Introductory Workshop on Centering Prayer, as well as an opportunity to look at our own Centering Prayer practice in light of the Essentials. Prerequisites are prior attendance at a 10 Day Intensive Retreat and the daily practice of Centering Prayer. The Course includes Centering Prayer and presentations by the staff and participants.

**Seoul, Korea**
June 5-10
Contemplative Outreach Staff
Sang ji
Retreat Center

**Richmond, VA**
June 25-July 1
Theresa Saulnier
Contact: April Swofford
(804) 783-7903

**Alta, WY**
June 17-23
Contemplative Outreach Faculty
Contact: Rev. Sandra Casey-Martus
(307) 353-8100

**Milwaukee, WI**
July 13-19
Contemplative Outreach Faculty
Contact: Madeline Soo
(414) 961-2610

**Pittsburgh, PA**
Sep 21-25
Contemplative Outreach Faculty
Contact: Jeane Kish
(412) 279-9505

**Manhasset, L.I., NY**
Oct 28-May 19
Contemplative Outreach Faculty
Contact: Anne Maiazza
Center for theology of Grace Center
(516) 794-8233

**Snowmass, CO**
Nov 13-20
Contemplative Outreach Faculty
Contact: Pat Johnson
(970) 963-3964

**Parish Missions/ Retreats - Fr. Carl Arico**
Contact: International Office Butler, NJ (973) 838-3384

**Manhasset, L.I., NY**
Oct 28-May 19
Contemplative Outreach Faculty
Contact: Anne Maiazza
Center for theology of Grace Center
(516) 794-8233

**Nine Month Course: The Practice of Contemplative Living**
An ongoing process of formation enabling participants to create their unique contemplative lifestyle in the contemporary world. Commitment is one weekend a month for nine months. Prayer, contemplative living and the integration of contemplation and activity are cultivated; the process is aided by the development of relational prayer through contemplative prayer practices. For information contact New York - Cathy McCarthy, 845-778-2102.

**The Living Flame**
A national program on contemplative issues, designed to heighten the awareness of the dynamic of Centering Prayer in the context of the Spiritual Journey, offering guidance and intelligibility needed to stay faithful to the practice. It is an opportunity to receive and share conceptual background at a deeper level, as well as experiential insight, thus building a faith community committed to the Centering Prayer practice. Meets one Saturday a month during seven consecutive months. For information, contact Monica Freeman (504) 924-3812.

**Contemplative Outreach Ltd. Study Program In The Christian Contemplative Tradition**
The twelve week course is divided into two parts and covers contemporary expressions of the Christian contemplative tradition and then reaches back, during the last six weeks to the beginnings of the systematic practice of contemplative prayer among the desert monks of Syria, Egypt and Palestine. Objectives of this course include facilitating a deeper understanding of the depth and richness of the Christian contemplative tradition and the chance to engage the study material beyond the intellectual level in order to find the living tradition as we personally interact with it in our everyday lives. For more information, call Bonnie Shimizu (970) 927-3858 or email - bs@rof.net.
NM Albuquerque Sr. Amata Dawson 505-877-4211
NM Santa Fe Susan Rush 505-466-4527
NY Albany Bruce Gardiner 518-325-5546
NY Bayville Paula Hastings 516-628-3486
NY Brooklyn Dr. Wlliam Fredrickson 718-499-7366
NY Buffalo Sr. Dorothy Feltz 716-895-2591
NY Buffalo Msgr. David Gallivan 716-847-6930
NY East Meadow Anne Maaza 516-794-8233
NY Franklin Square Barbara Sullivan 516-481-0472
NY Hartsdale Thomas Skinner 914-328-0420
NY Manhattan James Marsh 718-335-7056
NY Manhattan Tony Russo 212-285-1296
NY Mt. Tremper Ann Gallagher 845-338-1829
NY New Rochelle Elena Green 914-235-0313
NY N. Jack Sr. Rose Vermette 914-358-4040
NY O’ richard Park Br. John Crockter 716-667-6111
NY Port Chester Joseph Zepf 914-937-2168
NY W. Alden Cathy McCarthy 845-778-2102
NY W. arwick Susan Supak 845-986-4975
NY W. Hatestone Fr. Robert Cheeseman 718-321-1096
OH Cincinnati Susan Tew 513-871-8270
OH Cleveland Kay Powers 216-932-8911
OH Cleveland Fr. Wlliam Fickel 440-442-3411
OH Wayneville Gerry McLaughin 513-897-4012
OR Ashland Rev Jack & Bev Gorsuch 513-552-1974
OR Beaverton Virginia Graham 503-645-3448
OR Mt. Angel Sr. Antoinette Traeger 503-845-2786
PA Erie Mary Dwyer 814-838-6469
PA Erie Sr. Rita Panciera 814-456-1802
PA Frenchville Sr. Therese Dush 814-263-4855
PA Lancaster Elise Kandell 717-290-7889
PA New Baltimore Rev. Mark Begley 814-733-2210
PA Philadelphia Sr. Margaret Gradl 610-644-1152
PA Pittsburgh Joane Kish 412-279-0905
PA Pittsburgh Rev Francis Meenan 412-761-6651
SC Greenville Judy Lineback 864-246-3973
SD Rapid City Sr. Marmion Howe 605-343-2688
TN Chattanooga Rev. Margaret Mullen 423-877-2428
TN Knoxville Fr. Terry Ryan 423-523-7931
TN Memphis Sr. Joanne Mascari 901-374-0304
TN Nashville Carol Wray 615-373-0613
TN Pulaski Sr. Jean Tavin 931-363-5776
TX Austin Tim & Barbara Cook 512-347-9673
TX Dallas Area Sandra Guancial 972-771-0173
TX Dickinson (Hispanic) Jose Castro 281-337-1312
TX Fort Worth Rev. Timothy Thompson 817-284-4811
TX Houston Fred Eckart Jr. 888-526-9186
TX Houston Drue Pollan 713-218-9760
TX San Antonio Rev. Homer Bain 210-616-0885
UT Salt Lake City Theresa Brown Bell 801-596-8902
VA Charlotteville Judy Blatz 804-973-9590
VA Richmond April Swoford 804-648-7678
VA Roanoke Rev. John Runkle 540-343-0159
WA Sammamish Ruth Dunden 425-427-9290
WA Seattle Barbara Huston 206-282-9076
WA Spokane Gary & Lynnette Meisen-Vehrs 509-325-1909
WI Milwaukee Sr. Kathryn Ann Kobelinski 414-282-7310
WI Milwaukee Barbara Prendergast 414-964-1268
WI Sister Bay Anne Egan 414-854-5755
WI Alta Rev. Sandy Casey-Martus 307-353-8100
WI Cheyenne Shelley Adams 307-634-4832
WI Cheyenne Sr. Therese Steiner 307-778-8778
Contemplative Outreach News
A SEMI-ANNUAL NEWSLETTER FOR THE GROWING CONTEMPLATIVE OUTREACH COMMUNITY WORLD-WIDE.

Contemplative Outreach Vision Statement

Contemplative Outreach is a spiritual network of individuals and small faith communities committed to living the contemplative dimension of the Gospel in everyday life through the practice of Centering Prayer. The contemplative dimension of the Gospel manifests itself in an ever-deepening union with the living Christ and the practical caring for others that flows from that relationship.

Our purpose is to share the method of Centering Prayer and its immediate conceptual background. We also encourage the practice of Lectio Divina, particularly its movement into Contemplative Prayer, which a regular and established practice of Centering Prayer facilitates.

We identify with the Christian Contemplative Heritage. While we are formed by our respective denominations, we are united in our common search for God and the experience of the living Christ through Centering Prayer. We affirm our solidarity with the contemplative dimension of other religions and sacred traditions, with the needs and rights of the whole human family, and with all creation.

Networking, Resources, and Workshop Presenters are available at the Contemplative Outreach International Office. For more information contact:

Contemplative Outreach Ltd.
International Office
P.O. Box 737 - 10 Park Place
Suite 2B
Butler, New Jersey 07405
Tel: 973-838-3384
Fax: 973-492-5795

Editor: Susan Supak
Design/Layout: Beth Gould

Contemplative Outreach Ltd.
International Office
P.O. Box 737 - 10 Park Place
Suite 2B
Butler, New Jersey 07405

NONPROFIT ORG.
U.S. Postage
PAID
Cincinnati, OH
Permit No. 4742

Postmaster: Address Correction Requested
Contemplative Outreach, Ltd.
International Office
P.O. Box 737
Butler, NJ 07405

Contemplative Outreach News

___ My comments and suggestions are enclosed.
___ My email address is enclosed.
___ Please remove my name from your mailing list.
Thank you for your kindness

Name ________________________________________________________________

Address ____________________________________________________________

____________________________________________________________________