
Contemplative Outreach News

Volume 11, Number 1 • Summer 1997

Spiritual Direction

Part II

Thomas Keating, o.c.s.o.

The old-fashioned guidance systems to keep air planes on course during flight might help us to understand the art of listening to the divine guidance of the Holy Spirit. When the pilot is on course, he will not hear anything on his headphones. If he veers a little to the right, he will get a beep. If he goes too far the other way, he will pick up a different signal. By correcting his course, his headphones return to silence. In the moment by moment process of daily life, similar indications of being on or off course are available. Any sign that you are upset is an invitation to ask yourself why you are upset and not to project the blame on another person or the situation. Even if they are to blame, it won't do you any good until you solve the real problem which resides in you. The fundamental work of a spiritual director of contemplatives is to encourage and to guide them to submit to the divine therapy which allows the unconscious emotional material of early life that led to the drive for security, esteem and affection, and power symbols in the culture to be evacuated. Each of us has a significant dose of the human condition. In Catholic theology we call it the consequences of original sin. We come into the world not knowing what true happiness is but needing it; not knowing what true affection is but needing it; not knowing what true freedom is, but needing it. We bring with us into adult life the way we as children coped with impossible situations, either through repression of feeling or by compensatory programs for happiness that can not possibly work. The stronger those needs, the more the frustration when they are not fulfilled.

Into this universal human situation Jesus comes saying, "Repent" which means "change the direction in which you are looking for happiness." Human happiness is found in the growth of unconditional love. The work of spiritual direction is to help us to become aware of the obstacles to divine love and the free circulation of that love within us. This requires the cultivation of a non-possessive attitude toward ourselves and other people. Gradually we learn that God is the true security, God truly

loves us and with this love, we can make it even if no one else seems to care.

Spiritual direction should primarily be directed to ordinary life. True freedom is God's gift to us, enabling us to serve. Jesus said to his disciples, "You have to learn how to serve people." The greatest in the kingdom are the persons who are truly serving—not necessarily some great cause, but just the ordinary needs of family and the people with whom they live and work. Service is something anyone can do. We can smile at somebody we do not like. We can send a note of condolence when we would rather not be bothered. We can provide meals without grumbling. We can put up with the children running under our feet, putting chocolate fingerprints on newly plastered walls. This ordinary kind of service and love is what Jesus seems to mean by learning to love as he loved us. He loves us in the details of our lives, puts up with our misguided ways and above all, shares with us the suffering that comes our way as a result.

Every now and then because of damaged or unprocessed emotions contained in the unconscious, we may enter a place of long term dryness in our prayer or avalanches of thoughts and feelings that are disturbing. Sometimes attitudes or desires arise that we did not even know existed in us, or sometimes we recycle a bad relationship that we thought we had resolved once and for all. This is a place where we need to be reassured and encouraged. It is not so much being told what to do as being encouraged to do what we know God and our conscience are asking us to do. A spiritual director can contribute to that conviction. On the other hand, when you are in one of the dark nights and your spiritual director or soul friend says you are doing fine—that the unloading of the unconscious is a great grace, and that you will soon come to the bottom of the pile of the emotional junk—you will not believe him or her. If you do, you may say, "Oh thank you, I am so relieved." But as soon as you go out the door, the same heavy dark cloud descends and you

continued page 4

Letter from the Executive Director

Dear Friends of Contemplative Outreach, Ltd.

The Lectio Divina Institute held January 17 - 21, 1997 was a wonderful success. We are happy to announce that the video series featuring Fr. Thomas, Sr. Mary Margaret Funk and Fr. Bruno Barnhart is ready. You may order audio or video tapes. See information on page 8. We are in the process of publishing a handbook to go along with the series.

We welcome our newly elected Faculty members: Barbara Rietberg, Sandra Casey-Martus, Jim Clark, Barbara Cook, Adal Henriquez, Bob Fasulo, Sr. Catherine Marie Bazar, Nick Cole, Sr. Lorraine Pianka and Susan Komis

CONTEMPLATIVE OUTREACH UNITED IN PRAYER INTENSIVE DAY OF PRAYER was held on March 22nd. 86 areas participated reaching as far out as Zimbabwe, Africa. The evaluations indicated that the day was well attended—a real day of enrichment.

At our Annual Meeting of the Board of Trustees four new members were elected. They are: Susan Turpin of Los Angeles, California, The Rev. Thomas Ward of Sewanee, Tennessee, The Rev. David Morgan of Denver, Colorado, Rev. Paul D. Lawson of Los Angeles, California. They join our existing members, Fr. Thomas Keating of Snowmass, Colorado, Marie Howard of Davenport, Iowa, Ruth Dundon of Louisville, Kentucky, Mercedes Scopetta of Miami, Florida, Thomas P. Skinner of Hartsdale, New York, Gus Reininger of Los

Angeles, California, Cathy McCarthy of Walden, New York, John Congdon of Denver, Colorado, and Fr. Carl Arico of Bayonne, New Jersey.

Our Coordinator's Conference is being held at the Franciscan Center in Andover, MA, October 15 to 19, 1997. We expect 125 Coordinators, Contact Persons, and Commissioned Presenters to attend. Our workshop topics are: Soulfrinding, Facilitator Training, Lectio Divina, Curriculum Development. Three keynote addresses are: The Contemplative in the World Today by Lita Salinas, Coordinator of the Philippines, Lectio Divina by Fr. Thomas and Spirituality and Ministry by David Frenette. If you are interested in attending, contact our office.

We are moving to a new office (see article below). We have the same Post Office Box 737, our new street address will be 10 Park Place, Suite B, Butler, New Jersey 07405. Our phone number will remain the same, however, we have a new area code 973, please make note of these changes.

As always we welcome your support and prayers as we travel the Contemplative Journey together.

Many Blessings,



Gail Fitzpatrick-Hopler
Executive Director

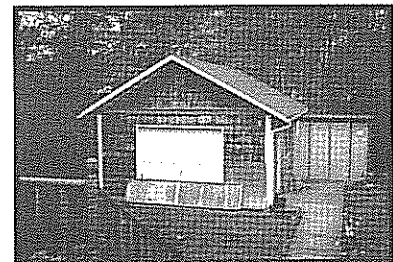
We are moving!

The Contemplative Outreach, Ltd. National Office has been located in the backyard, one car garage of our Executive Director for the past 9 years, the space measures 277 sq. Ft. When we first started 9 years ago one and/or two people worked in the space and it seemed quite adequate. Over the years we have accomplished an enormous amount of work in this tiny space. The last two years we have added one full time employee and one part time employee to our staff. Now, Gail Fitzpatrick-Hopler, Executive Director, Fr. Carl Arico, Vice President, Claire Eng, book and tape department manager, Joanne Williams, data base manager, Gerry Gallagher, accounting consultant, all work in the office together. Imagine 277 sq. feet filled with five people and our basic office equipment. It was a tight squeeze!

We realized that the time has come for us to move to larger quarters. We found an office in the Butler Center, a renovated mill

in the "downtown" area of Butler, 1150 sq. ft. for \$750. per month including all utilities. We are in the process of moving and establishing our office with room for everyone. With our expansion we need a few more office items, two

desks, five telephones, two computers, a printer, a few office chairs and perhaps a beautiful plant or two. We invite you to make a contribution to our move by sending in a contribution. You may use the enclosed envelope for your convenience. We certainly appreciate your support. We thank you for your help.



Our old office

DADIRRI

An Australian Experience

Dadirri is an ancient Australian Aboriginal word that means a deep inner listening, a quiet stillness and awareness. The original inhabitants of this vast continent have lived in harmony with its profound geographical and climatic variations for probably 60,000 years. Their own sense of the deeply contemplative life comes forth from a great silence that is aware of the deep inner spring within and which longs for us to fall into it. The word Dadirri, which embraces their journey through the Great South Land of The Holy Spirit, is like a crystal clear water hole and is a place that calls us to be replenished, revitalized and related to the land and other. The word Dadirri indicates that we wait in wonder.



people having experienced Centering Prayer workshops, there are encouraging signs that the interest in our Christian contemplative heritage will continue to grow. Contemplative Outreach offers a powerful way of doing this.

Situated as it is on the edge of the Indian Ocean and closer to Asia than to Sydney, there is among Western Australians an openness to the spiritual influences of Asia. Christians in Australia generally are challenged to recover the ancient roots of their own heritage and Fr. Thomas Keating's contribution to the recovery will be significant.

In Perth, Western Australia, there is a spiritual centre called Dadirri. It is here that Fr. Doug Conlan chose to present his first Centering Prayer workshops since returning home, having now completed his Masters degree at Fordham University in New York. There is a tradition of spiritual awareness among Western Australians and with three hundred

Fr. Doug feels that this is an important stage in the history of Australia, where Christians are slowly recovering their ancient contemplative heritage and where the Aboriginal people, in honoring their own rich contemplative tradition of "Dadirri", may be able to make a significant contribution to this recovery. Such a mutual gentling of hearts may be a rich source for building national reconciliation between people of all races and religion.

Formation Workshop

The Formation Workshop, also known as Presenter's Training and formally known as Formation for Contemplative Outreach Service, is a unique workshop within our Contemplative Outreach Network. Although its original purpose in 1989 was to teach people how to present Centering Prayer, it was very soon apparent that the formational process experienced by the participants was at least as important as the presentation of the essentials of the Introductory Workshop. As we continued to refine the essentials and simplify the workshop, it still seemed that the greatest impact it had was on the depth of self knowledge and consequent positive change that it sparked in the people who attended.

At this point in time, the need for good presenters of the method of Centering Prayer is not as critical as it once was but the need for people on the contemplative journey to deepen their understanding and experience is very important. I know that the process begun in me at that first workshop has had deep effects and was a landmark in my personal journey. I have coordinated a number of these workshops over the years and I am convinced that everyone in the Contemplative Outreach community could benefit from the workshop whether or not they ever feel called to present Centering Prayer in a formal setting.

Bonnie Shimizu
Snowmass, Colorado

Spiritual Direction

Continued from page 1

start replaying the old commentaries: "This director never understood me anyway. What does he/she know?" And so, one of the things you have to "non-possess" as the journey continues is dependency on a spiritual director. Sometimes God fixes it so there isn't anybody around who has the remotest idea of what you are going through. Hopefully that could be minimized by developing referrals but as I said, even when you have the most expert person to refer to, you may not believe him or her either.

There is only a limited amount of help that spiritual direction can bring us. In the beginning, it can start us on the path by providing good readings, a rule of life and what is most important, a regular practice of prayer. It is prayer that gives us access to our center. As we approach that center where the divine Spirit dwells, the Spirit dismantles our emotional programs for happiness and relativizes them so that we begin to act not from a self-centered point of reference—from a perspective of fear or self-protection—but from a center of pure love.

As we progress we need advice when we come into some particular dilemma or double bind. In fact, as is the case with some serious medical problems, you may need a second or a third opinion. In a crisis of choice when you are perplexed and do not know which way to go, it might be good to consult several persons. God can communicate at this point through anything. The Spirit uses something concrete, like a word or a book, to enlighten the person reading it or hearing it. A good director can sometimes tell by your doubts, by your feelings, by a certain grace that you have had, how God is trying to lead you, and can point that out to you. But he or she cannot tell you what to do on all occasions. The real success of the spiritual director is to become gradually less of a director and more of a spiritual friend.

What do you do in a hopeless dilemma when you have asked all the spiritual directors you can find in the classified ads and you cannot get any answer? You offer a prayer surrendering to God's will and do the best you can. If you are wrong, it does not make any difference because you did the best you could as far as God is concerned. The very mistake you might make may be a useful or even necessary means to move you to a deeper self-knowledge that could not have happened unless you were totally frustrated in finding a clear answer.

The contemplative journey that we have enlisted in through a commitment to Centering Prayer is an adven-

ture in faith and a trip into the unknown. If we think we know what is going to happen or if we expect to arrive at certain goals, we are on the wrong road. The chief comfort that our security system, which is so deeply biologically rooted, does not want to give up is certitude. That is the ultimate security, especially certitude that we are advancing on the spiritual journey. The moment that you surrender yourself to God, you are surrendering to an unknown future and destiny. You are letting yourself become the person whom God always intended you to be. Thus, you learn through the Spirit's guidance and through difficult or impossible situations, to relinquish your hold on every level of your being, allowing God to take total possession of it so that you can manifest the pure love of God in daily life without even thinking of it. The noise and frenetic character of modern life, the excessive chatter, so much information, so much entertainment—all of this has to quiet down inside of us. The greatest teacher is silence. To come out of interior silence and to practice its radiance, its love, its concern for others, its submission to God's will, its trust in God even in tragic situations is the fruit of living from your inmost center, from the contemplative space within. The signs of coming from this space are a peace that is rarely upset by events, other people and our reactions to them, and a calm that is a stabilizing force in whatever environment you may be in. God gives us everything we need to be happy in the present moment, no matter what the evidence to the contrary may be. A good spiritual director helps us to sustain that trust. ■

Supporting Contemplative Outreach Through Charitable Gifts and Estate Planning

I would like to know more about the advantages of:

- giving through my will
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Send to:

Contemplative Outreach, Ltd.
c/o Thomas P. Skinner
Certified Financial Planner
200 Central Park Avenue, Suite 110
Hartsdale, NY 10530
1-800-ESTATE 2

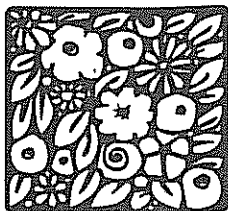
This Moment

i left my strength in the bowl.
 the bowl contains all emotion.
 my heart inside the bowl
 is made of cycles,
 somewhere, there is a stopping.
 a resting place for all who pray.
 my prayer now is quiet,
 as quiet as the sound of my thoughts
 while walking in woods,
 while searching for stars,
 while dreaming of sky
 and listening in the night.

i left my strength for you who suffer.
 your tragedy empties all silence.
 the cry is so great,
 no one can hear it.
 it is a speechless sorrow.
 so i have returned where i began,
 to the place of my sorrow.
 but the timing now is different.
 it is a time of deep looking,
 a putting aside of yesterday
 and tomorrow.

elena estrella

Warwick, New York



a glimpse of Reality...

from the Philippines

"You should not be working for perishable food but for food that remains unto life eternal, food which the Son of man will give you..." (Jn.6:27)

My husband had just embarked on a new project and he had expressed his desire for me to join him in the business. I used to do a lot of this before, but after I began my spiritual journey, I just left everything to him and didn't want anymore to be bothered with his many business ventures. All I want now is to do charitable works by giving of my treasure, time and talent to the needy. But after he asked me, I was in a dilemma because I somehow felt obligated as his wife to also be his business partner. Today, the Lord has told me which path to follow - "to work for food that remains unto life eternal."

Thank you, Lord, for helping me to decide which road to take.

Existential Angst and Centering Prayer

Many of my friends felt anguish and/or anxiety with existential import. I, also, seemed to experience such pangs of angst that nothing short of medication could control the anxiety and anguish I sensed as I was going through life. The anxiety tore me up in a gut-wrenching way. Often accompanying the angst was nausea.

Then a religious person came into my life who suggested the I try to get closer to God by practicing Centering Prayer. After attending many workshops and hearing Jean Vanier guest lecture at the University of San Diego, I finally tried Centering Prayer and found that the existential angst diminished until it dissipated completely.

Meditation along with Centering Prayer filled the void. God as existence became less ethereal and the existential angst became a oneness with God through prayer.

Bea Chigos San Diego, California

Updates

Indiana

Sr. Carol Falkner
317-788-7581

The Beech Grove Benedictines give the rights for Centering Prayer participants to use the song "Hear My Words" written by Sr. Mary Sue Frieberger, OSB. Please keep the words, music and copyright together - copy with the copyright. For a tape of the song write Our Lady of Grace Monastery, 1402 Southern Ave., Beech Grove Indiana 46107. The words are:

REFRAIN:

Read my words, Lectio.
Think, reflect, Meditatio.
Respond in prayer, Oratio.
And rest in God, Contemplatio.

Here is food for your mind.
Come with open heart,
and learn from another who's studied my ways,
Be still and listen to me.

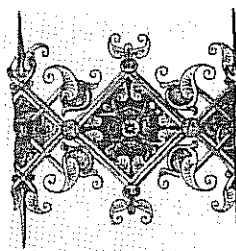
Wisdom is here, knowledge too,
thoughts to challenge your mind.
Now reclaim excitement and image new worlds;
seek God in every word.

Quiet the soul; hear the story.
Strive to learn God's great glory.
Become the word that God meant you to be
and only you can be!

St. Meinrad School of Theology is offering courses at Beech Grove Benedictine Inn starting Fall 1997 (for more information, write St. Meinrad School of Theology, St. Meinrad, IN 47577 or call 1-800-730-9910):

Teachings of the Christian Contemplative Tradition - 3 Graduate Credits - Sr. Mary Margaret Funk, OSB will do the presentation on Cassian's Thoughts and team teach with an Eastern Master who will compare the Christian tradition with his/her respective tradition. Three weekends: Sept. 13-14, Oct. 4-5 and Nov. 15-16.

Lectio Divina - 1 Credit - Sr. Mary Margaret Funk will offer an opportunity to do lectio and collatio and enter a deeper relationship with Christ through the Word of Scripture. June 30-July 3, 1997 - 1:15 - 4:15 P.M..



Hawaii

Sr. Katherine Theiler
808-988-6540

Gail Fitzpatrick-Hopler visited Hawaii during the summer of 1996 to give Formation Training. The participants are now presenting Introductory Centering Prayer Workshops, facilitating prayer groups and working in other ways for Contemplative Outreach, Hawaii. Gail also presented an Open Mind, Open Heart Workshop. There are eleven Centering Prayer support groups on Oahu, mostly in Honolulu. Another group has formed in Kona, on the island of Hawaii. People are bringing Centering Prayer to women in prison, to men in the Salvation Army Treatment Center for those recovering from alcohol and drug abuse. We also minister to patients at the hospital for emotionally disabled persons.

New York

Cathy McCarthy
914-778-2102

All is well at St. Andrew's. We reconnected with many of you on the Day of Enrichment on April 26 with Fr. Thomas and Gail Fitzpatrick-Hopler. We hope this will be an annual event. We are receiving registrations for the 1997-98 Nine Month Course: The Practice of Contemplative Living. Our new brochure for 1997-98 will be out in early summer. Check the Calendar of Events in this newsletter for summer Post-Intensive retreats.

NEW - July 11-Aug. 1, 1998 - a 21 day Contemplative Community Live-In Experience. There will be three one week segments with a different theme each. Come for one week, two weeks or three weeks.

In Memory of Bill Singelis *Died May 8, 1997*

Bill Singelis was the first Coordinator of the Cleveland, Ohio area for Contemplative Outreach. He was a member of our National Faculty and on our very first Formation Training Staff back in 1989. He was partnered with Fr. Thomas to present the Method of Centering Prayer. Bill did a wonderful job and was instrumental in developing the essential outline for the Method. He was a deeply spiritual man and a wonderful and talented artist. He was responsible for developing the Beginning Again course that helped many people understand the importance of keeping their Centering Prayer practice simple and consistent. One of our fondest memories of him is his original hand painted Christmas Cards. Now, Bill joins the angels and saints in heaven and has the pleasure of praying for all of us continuously, let us remember him in our prayers as well.

Video and Audio Tapes

The Spiritual Journey- Fr. Thomas Keating

VIDEO SERIES with prologue and all four parts (26 tapes): \$649.99
(Includes guidebook and no charge for shipping.)

VIDEO SERIES without prologue, with all four parts (24 tapes):
\$599.99 (Includes guidebook and no charge for shipping.) Also
available per part (6 tapes): \$149.94; Prologue (2 tapes): \$49.99 and
per tape: \$24.99. Guidebooks: \$9.00 each.

**Prologue: The Method of Centering Prayer and the
Psychology of Centering Prayer.** (2 tapes)

Part I: Developing Centering Prayer (6 tapes)

Part 2: Models of the Human Condition (6 tapes)

Part 3: Paradigms of the Spiritual Journey (6 tapes)

Part 4: Contemplation, The Divine Therapy (6 tapes)

The Christian Contemplative Heritage- Our Apophatic Tradition

Tape series locating Centering Prayer in the mainstream of the Christian Contemplative Tradition. Available in both video and audio formats.

Title	Video	Audio
Introduction: The Origins and Inspirations of Centering Prayer (Fathers Basil Pennington, Thomas Keating and William Meninger)	\$24.99	\$11.95
Set I: The Method of Centering Prayer and the Psychology of the Spiritual Journey (Fr. Thomas Keating)	\$49.99	\$32.95
Set II: An Overview of the Apophatic Tradition (Fr. James Wiseman)	\$49.99	\$22.95
Set III: The Monastic Heritage (Fr. Basil Pennington)	\$49.99	\$22.95
Set IV: Women Religious and the Contemplative Dimension	\$49.99	\$22.95
Set V: The Cloud of Unknowing (Fr. William Meninger)	\$59.99	\$32.95
Epilogue - Questions and Answers (Fr. Thomas Keating)	\$24.99	\$11.95
Complete Set	\$309.99	\$122.95

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Clearly state if you are ordering audios, videos or both.
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6.01 to 25.00 add \$3.50

25.01 to 35.00 add \$4.50

35.01 to 50.00 add \$6.50

50.01 to 75.00 add \$7.50

over 75.00 add \$9.50

The Spiritual Journey- Fr. Thomas Keating

AUDIO SERIES - NEW TITLE - NEW PACKAGING - NEW PRICE - NEW GUIDEBOOK

The Contemplative Journey - formerly known as **The Spiritual Journey**

Fr. Thomas Keating

Vol. I: Developing Centering Prayer, Models of the Human Condition. (12 cassettes) \$99.95

Vol. II: Paradigms of the Spiritual Journey, Contemplation, The Divine Therapy (12 cassettes) \$99.95

Complete Set (24 cassettes) \$168.00

To place an order, call Contemplative Outreach at 973-838-3384

Brand New Tape Series on Lectio Divina

Lectio Divina Institute was held in January at the Benedictine Center in Beech Grove, Indiana with three speakers Fr. Bruno Barnhart, Sr. Mary Margaret Funk OSB and Fr. Thomas Keating o.c.s.o. The main presentation with Fr. Bruno on the Senses of Scripture (4 tapes), the Tradition and Practical Application with Sr. Meg (2 tapes), Lectio Divina and Centering Prayer with Fr. Thomas (1 tape), and Lectio Divina and the Spiritual Journey - a panel discussion with all three (1 tape).

Tape 1 Lectio Divina and the Senses of Scripture

Fr. Bruno Barnhart

Part One - Overview: Background for the Four Senses of Scripture -The First Sense: The Literal Dimension
71 minutes

Tape 2 Lectio Divina and the Senses of Scripture

Fr. Bruno Barnhart

Part Two - The Second Sense: The Christ Mystery Dimension 87 minutes

Tape 3 Lectio Divina and the Senses of Scripture

Fr. Bruno Barnhart

Part Three - The Third Sense: The Dynamic Dimension
71 minutes

Tape 4 Lectio Divina and the Senses of Scripture

Fr. Bruno Barnhart

Part Four - The Fourth Sense: The Unitive Dimension
85 minutes

Tape 5 Lectio Divina Tradition

Sr. Mary Margaret Funk OSB

Gail Fitzpatrick-Hopler

Fr. Bruno Barnhart - 66 minutes

Tape 6 Lectio Divina Demonstration and Commentary

Sr. Mary Margaret Funk OSB

46 minutes

Tape 7 Centering Prayer and Lectio Divina

Fr. Thomas Keating, o.c.s.o.

67 minutes

Tape 8 Lectio Divina and the Spiritual Journey Panel

Fr. Bruno Barnhart

Sr. Mary Margaret Funk OSB

Fr. Thomas Keating o.c.s.o.

56 minutes

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To order: Call 1-800-USA-TAPE. For mail order and postage charges see page 7.

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For the first book include \$3.50. For each additional book include an additional \$0.50. **Make checks payable to:**

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Contemplative Outreach, Ltd.
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by F. Thomas Keating

The Kingdom of God is Like \$10.95

Open Mind, Open Heart: \$12.95

The Mystery of Christ: \$12.95

Mente Abierta, Corazon Abierto: \$9.95

Intimacy with God: \$13.95

Awakenings: \$9.95

Reawakenings: \$11.95

Invitation to Love: \$12.95

Crisis of Faith, Crisis of Love: \$10.95

by Sr. Thelma Hall

Too Deep for Words: \$6.95

by Father William Meninger

Loving Search for God: \$11.95

Process of Forgiveness: \$12.95

National Calendar of Events

June to December 1997

Introduction to Centering Prayer Retreats/Workshops

Sorrento, BC Sorrento Center	July 13-19	Colorado Western Slopes Contact: Marks McAvitty 250 675-2421
Cullman, AL Benedictine Conference Center	Aug 29-31	Contemplative Outreach Staff Contact: Sr. Eleanor Harrison 205 734-8302
Walden, NY St. Andrew's Retreat House	Sept. 26-28	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102
Beech Grove, IN Benedictine Center	Nov 14-16	Contemplative Outreach Staff Contact: Antoinette Purcell, OSB 317 788-7581

Introduction to Lectio Divina Retreats/Workshops

Walden, NY St. Andrew's Retreat House	June 20-22	Fr. Carl Arico Contact: Cathy McCarthy 914 778-2102
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Centering Prayer Weekend Retreats

Waldoboro, ME Wellspring House of Prayer	June 11-13	Contemplative Outreach Staff Contact: Adele Millette 207 832-6263
Lansing, MI	June 13-15	Contemplative Outreach Staff Contact: David Sagula 517 347-2944
Lacey, WA The Priory Spirituality Center	June 27-29	Contemplative Outreach Staff Contact: Billie Mazzei 360 347-2944
Davenport, IA Prairie Woods	June 27-29	Contemplative Outreach Staff Contact: Marie Howard 319 324-1911
Waldoboro, ME Wellspring House of Prayer	July 16-18	Contemplative Outreach Staff Contact: Adele Millette 207 832-6263
St. Louis, MO Marianist Center	Nov. 7-9	Contemplative Outreach Staff Contact: Susan Komis 314 978-2500
Austin, TX Cedarbrake	Aug 1-3	Contemplative Outreach Staff Contact: Tim & Barbara Cook 512 343-6013
Cullman, AL Benedictine Conference Center	Aug 29-31	Contemplative Outreach Staff Contact: Sr. Eleanor Harrison 205 734-8302
Waldoboro, ME Wellspring House of Prayer	Sept 16-18	Contemplative Outreach Staff Contact: Adele Millette 207 832-6263
Lansing, MI	Sept 26-28	Contemplative Outreach Staff Contact: David Sagula 517 347-2944
Honolulu, HI	Oct 10-12	Contemplative Outreach Staff Contact: Sr. Katherine Theiler 808 523-1170
Lansing, MI	Nov 7-9	Contemplative Outreach Staff Contact: David Sagula 517 347-2944

4 & 5 Day Intensive Centering Prayer Retreats

Honolulu, HI	June 29-July 4 (Advanced)	Contemplative Outreach Staff Contact: Sr. Katherine Theiler 808 523-1170
Wichita, KS Spiritual Life Center	June 29-July 4	Contemplative Outreach Staff Contact: Sr. Carmen Echevarria 316 686-7171
Temsecula, CA Vina de Lestonnac	July 7-11	Contemplative Outreach Staff Contact: Sr. Marue 909 695-2186
St. Paul, MN St. Paul's Monastery Benedictine Center	Aug 12-17	Contemplative Outreach Staff Contact: Patricia Roberts 612 777-7251
Austin, TX Cedarbrake	Oct 29-Nov 2	Contemplative Outreach Staff Contact: Barbara & Tim Cook 512 343-6013
Lantana, FL Cenacle Retreat House	Oct 29-Nov 2	Fr. Bill Sheehan & Barbara Rietberg Contact: Barbara Rietberg 305 386-7507

7 Day Intensive Centering Prayer Retreats

Driggs, ID Alta Retreat Center	Aug 17-23	Contemplative Outreach Staff Contact: Sandra Casey-Martus 307 353-8100
Driggs, ID Alta Retreat Center	Sept 21-27	Contemplative Outreach Staff Contact: Sandra Casey-Martus 307 353-8100
Driggs, ID Alta Retreat Center	Oct 19-25	Contemplative Outreach Staff Contact: Sandra Casey-Martus 307 353-8100
Driggs, ID Alta Retreat Center	Nov 16-22	Contemplative Outreach Staff Contact: Sandra Casey-Martus 307 353-8100
Driggs, ID Alta Retreat Center	Dec 7-13	Contemplative Outreach Staff Contact: Sandra Casey-Martus 307 353-8100

10 Day Intensive Centering Prayer Retreats

Austin, TX Cedarbrake	June 17-26	Contemplative Outreach Staff Contact: Tim & Barbara Cook 512 343-6013
Cullman, AL Benedictine Conference Center	June 30-July 9	Contemplative Outreach Staff Contact: Sr. Mary McGehee 205 734-4622
Snowmass, CO St. Benedict's Monastery	Oct 14-23	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964
Snowmass, CO St. Benedict's Monastery	Nov 8-15 (Advanced)	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964

5 Day Post Intensive Centering Prayer Retreats

England Norwich	June 23-27	Contemplative Outreach Staff Contact: Elizabeth Smith 011-44-1772-629520
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continued next page

National Calendar of Events

Continued from page 9

Walden, NY St. Andrew's Retreat House	Dec 2-7 Advent	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102	Nine Month Course: The Practice of Contemplative Living
Walden, NY St. Andrew's Retreat House	Feb 24-Mar 1, 1998 Lent	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102	Walden, NY St. Andrew's Retreat House
			Sept. 1997 thru May 1998
			Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102
			Miami, FL
			Sept. 1997 thru May 1998
			Contemplative Outreach Staff Contact: Barbara Rietberg 305 386-7507
10 Day Post Intensive Centering Prayer Retreats			
Walden, NY St. Andrew's Retreat House	July 4-13	Fr. Carl Arico Contact: Cathy McCarthy 914 778-2102	Erie, PA House of Prayer
			Sept. 1997 thru May 1998
			Contemplative Outreach Staff Contact: Mary Dwyer 814 838-6469
St. Louis, MO Il Ritiro Retreat Center	Aug 1-10	Fr. Carl Arico Contact: Susan Komis 314 978-2500	Parish Missions/Retreats Given by Fr. Carl Arico Contact: National Office 973 838-3384
Snowmass, CO St. Benedict's Monastery	Aug 5-14 (full)	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964	Maggie Valley, NC
			Jul 18-24
			Oct 24-26
			Oct 25-28
			Nov 22-25
			Nov 29-Dec 2
			Dec 6-9
			Dec 13-16
			Living Waters Center Weekend Retreat Parish Mission- Holy Trinity Parish Mission - St. Joseph Parish Mission- Cathedral Parish Mission - St. Michael's Parish Mission - Annuziata
Snowmass, CO St. Benedict's Monastery	Aug 16-25 (full)	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964	
Walden, NY St. Andrew's Retreat House	Aug 22-31	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102	
Snowmass, CO St. Benedict's Monastery	Sept 16-25 (Lectio Divina)	Fr. Carl Arico Contact: Pat Johnson 970 963-3964	
Germantown, MD Dayspring Retreat Center	Nov 8-16	Fr. Carl Arico Contact: Carol Wilkenson 301 428-9348	
Formation for Contemplative Outreach Service			
Milwaukee, WI Bethany Retreat Center	July 18-24	Contemplative Outreach Staff Contact: Madeline Soo 414 961-2610	
Phoenix, AZ Patterdale Pines Retreat Center	Aug 5-10	Contemplative Outreach Staff Contact: Concetta Tong 602 897-7922	
Snowmass, CO St. Benedict's Monastery	Nov 18-25	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964	
Walden, NY St. Andrew's Retreat House	June 12-18, 1998	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102	
Open Mind, Open Heart Prayer Workshops			
Walden, NY St. Andrew's Retreat House	Oct 31-Nov 2	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102	
"Spiritual Journey" Tapes			
Beech Grove, IN Benedict Inn	Aug 15-17 Part II	Contemplative Outreach Staff Contact: Antoinette Purcell, OSB 317 788-7581	
Beech Grove, IN Benedict inn	Oct 28-30 Part III	Contemplative Outreach Staff Contact: Antoinette Purcell, OSB 317 788-7581	

1998 Contemplative Outreach Intensive Schedule

*St. Benedict's Retreat Center
Snowmass, CO*

January 13-22, 1998 - 10 Day Intensive

February 10-19, 1998 - 10 Day Intensive

March 17-26, 1998 - Post Intensive - Amarillo, TX (full)

April 14-23, 1998 - 10 Day Intensive

May 5-14, 1998 - 10 Day Intensive

June 16-25, 1998 - 10 Day Intensive

August 4-13, 1998 - Post Intensive

August 15-24, 1998 - Post Intensive

September 15-24, 1998 - Post Intensive

October 13-22, 1998 - 10 Day Intensive

November 7-14, 1998 - Advanced Retreat

November 17-24, 1998 - Formation Training

**For reservations please call: Patricia Johnson
970-963-3964**

C.O. Area/ Regional Contacts

AUSTRALIA

West Australia Rev. Gerry Doyle Connolly 0116193003035
 West Australia Philip Carrier 0116192773068
 West Australia Stephen & Mandy Skipper 0116193355541
 West Australia David & Christina Rushton 0116194472342

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 Winnipeg, MB Sr Catherine Labinowich 204-338-4601

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 Nr Preston Pat & Joe Finn 011441772813421
 Preston Mrs. Elizabeth Smith 011441772629520
 Sussex/Brighton Dennis Ford 011441273307012
 W.Yorkshire Aileen Moran 011441535272245

GERMANY

Neuotting Barbara Bregler 011498671082882

IRELAND

Dublin Br. Frank Martin 01135318342083

PHILIPPINES

Dasmariñas Village Grace Padilla 011632468109573
 Dasmariñas Village Lita Salinas 011632468108825

SOUTH AFRICA

Maria McLoughlin 01127118031831

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AR North Little Rock R. Scott Ogilby 501-835-2359
AZ Paradise Valley Ken Christopher 602-368-7237
AZ Tucson Frank Tuoti 520-749-3443
CA Fallbrook Joseph Kurowski 619-723-8982
CA Hermosa Beach Tom & Leslie Murdock 310-822-8333
CA Hermosa Beach Rev. Paul Lawson 310-376-8989
CA LaVerne Fr. Martin O'Loughlin 909-593-5441
CA Lemon Grove Jack & Kathleen Tischhauser 619-461-0864
CA Long Beach Barbara Brown-Thompson 310-438-1710
CA Los Angeles Susan Turpin 310-390-4165
CA Nevada City Jack & Bev Gorsuch 916-292-9425
CA Pacific Palisades Gus Reininger 310-573-7422
CA Pebble Beach Paul Coletti 408-375-2705
CA San Francisco Mary English 415-282-8076
CA San Francisco Mark Lodico 415-252-1667
CA San Gabriel Rev. James Clark 818-282-5147
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CO Carbondale Jody Blatz 970-963-1358
CO Carbondale Patricia Johnson 970-963-3964
CO Clifton Pat Becker 970-434-8650
CO Colorado Springs David Salamon 719-475-7011
CO Denver Rev. David Morgan 303-832-7309
CO Denver Sr. Bernadette Teasdale 303-698-7729
CO Snowmass Bonnie Shimizu 970-927-3858
CT Avon Rev. Jon Widing 203-673-9630
CT Greenwich Pat Castellano 203-531-6528
DC NW Washington Rev. Eugene Sutton 202-232-2995
DC Washington Janet Aldrich 202-326-6626
DC Washington Rev. William Sheehan 202-529-5958
FL Boynton Beach Mary Anne Wagner 561-642-1872
FL Bradenton Donna Matthews 941-758-8735
FL Longwood Julio & Basha Perez 407-869-0781
FL Miami Isabel de Marion Landais 809-562-7832
FL Miami Barbara Rietberg 305-386-7507
FL New Smyrna Beach Jacqueline Brinkman 904-426-0329
FL Palm Bay Melissa McKenna 407-676-6034
FL Satellite Beach Rosemary Van Pelt 407-777-3389
FL South Miami Carmen Sanchez 305-666-2075
FL St Petersburg, Marjorie & John Rafferty 813-345-7908
FL Venice Mimi & Terry Reilly 941-484-9543
HI Honolulu Sr. Katherine Theiler 808-988-6540
IA Davenport Marie Howard 319-289-4712
ID Alta Via Driggs Rev. Sandy Casey-Martus 307-353-8100
IL Bloomington Sr. Audrey Cleary 309-786-6875
IL Chicago Margie Tomlinson 312-338-3840

IL Northbrook Hal & Betsy Edwards 847-498-1342
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IN Beech Grove Sr. Carol Falkner 317-787-3287
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LA Baton Rouge Monca Freeman 504-924-3812
LA Lake Charles Barbara Tomme 318-855-4239
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MA Taunton Ethel Fraga 508-822-2410
ME Waldoboro Adele Millette 207-832-6263
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MN Duluth Meridith Schifsky 218-728-3848
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MN Saint Paul Patricia Roberts 612-777-7251
MO O'Fallon Susan Komis 314-978-2500
MS Jackson Sr. Therese Jacobs 601-353-3243
NC Raleigh Flo Hartye 919-876-8935
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NE Omaha Thomas & Coleen Hall 402-391-1766
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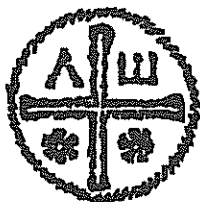
Contemplative Outreach News

A BI-ANNUAL NEWSLETTER FOR THE GROWING CONTEMPLATIVE OUTREACH COMMUNITY WORLD-WIDE.

Networking, Resources, and Workshop Presenters are available at the Contemplative Outreach National Office. For more information contact:

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