



Centering Prayer and the Carmelite Contemplative Tradition

The following two articles by Ernest E. Larkin root Centering Prayer and Christian Meditation in the Carmelite tradition and show the contribution of John of the Cross and Teresa of Avila to a contemplative renewal which is ongoing even today.

Ernest E Larkin O. Carm, taught Spirituality at The Catholic University of America, Washington, D.C. and kept active with retreat work, teaching and writing. He also co-founded the Kino Catechetical Institute in Phoenix, Arizona and served as its first president, greatly expanding the school's enrollment and reach. He received numerous awards for his outstanding scholarship in the area of Carmelite Spirituality. He died in October of 2006.

- (1) [The Carmelite Tradition and Centering Prayer, Christian Meditation.](#)
- (2) [Today's Contemplative Prayer Forms: Are They Contemplation?](#)

