



# Contemplative Outreach of Orange County

## *NINE MONTH COURSE: THE PRACTICE AND DEEPENING OF CONTEMPLATIVE LIVING*

St. Lawrence Retreat Center SL #1—2012-2013

This Course enables one to practice and deepen contemplative living according to one's own lifestyle. Formation will be offered in contemplative prayer, lifestyle and activity through:

- ◆ Deepening our experience of Centering Prayer, Lectio Divina, the Active Prayer, Logging, Welcoming Prayer Practice and Spiritual Reading.
- ◆ Nurturing the contemplative dimension of one's lifestyle by exercising discernment, simplicity, forgiveness, integrity and commitment

The ongoing process of the Course provides an environment in which to integrate contemplative practices into one's life. This integration is accomplished, in part, by opening to God as a community and consenting to God's presence and action individually and communally.

The Course meets one weekend a month from September 2012 – May 2013, and is presented by Nine Month Course Staff. The full cost is \$2025 which includes all materials.

We can accommodate 20 participants in single rooms with private bath.

### **COURSE WEEKEND DATES**

September 14-16, 2012

November 2-4, 2012

November 16-18, 2012

December 14-16, 2012

January 11-13, 2013

February 15-17, 2013

March 8-10, 2013

April 19-21, 2013

May 10-12, 2013

### **TUITION PAYMENTS**

\$675 Deposit (non-refundable after August 1, 2012)

\$450 By September 14, 2012

\$450 By December 14, 2012

\$450 By March 8, 2013

Contemplative Outreach of Orange County  
P. O. Box 208  
Cornwall, NY 12518-0208

Phone: 845 534-5180  
E-mail: cmccarthy001@hvc.rr.com  
website: [www.centeringprayernys.org](http://www.centeringprayernys.org)

**APPLICATION**

Name: \_\_\_\_\_  
(Please print)

Address: \_\_\_\_\_

City: State: \_\_\_\_\_ (Zip Code)

Telephone Number: \_\_\_\_\_ (home) \_\_\_\_\_ (cell)  
\_\_\_\_\_ (business)

E-mail address: (Please print) \_\_\_\_\_

Requirements: - an established Centering Prayer Practice

Describe your Centering Prayer Practice . . . . .

Briefly comment on why you want to attend this Course . . . . .

Enclosed is my deposit of \$675 (non-refundable after August 1, 2012). Please make checks payable to Contemplative Outreach of Orange County. All reservations are subject to confirmation. If you have any questions, please contact Cathy McCarthy.

My intention is to participate fully in the Course and its practice of contemplative living. I understand that after the Course begins, there are no refunds on the entire tuition cost.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_