



Guide to the Contemplative Outreach Resource Materials

The charts that follow are meant to assist beginning and experienced practitioners in navigating the published teachings and resources available in the [Contemplative Outreach online bookstore](#). These are only guidelines; any materials may be ordered by any level of practitioner at any time.

GETTING STARTED

Books	DVDs	Audio CDs	Online Courses
Open Mind Open Heart	Spiritual Journey, Prologue	Spiritual Journey Prologue	Centering Prayer A Training Course for Opening to the Presence of God
Spiritual Journey Video Transcripts, Prologue	Spiritual Journey, Part 1	Spiritual Journey, Part 1, CDs 1-5	
Spiritual Journey Video Transcripts, Part I	Contemplative Dimension of the 12 Steps DVD and Online Video	Contemplative Dimension of the 12 Steps	
Centering Prayer in Life and Ministry	Centering Prayer A Training Course	Inner Room	
A Deeper Love	Invitation From God - DVD with booklet	Forgiveness CD - Contemplative Life Program, Year 1 module #5	
A Taste of Silence	A Transformed Life - DVD with Guidebook	Forgiveness Teleconference 12/2005	
Forty Days To a Closer Walk with God	The Gift of Life - Death & Dying, Life & Living DVDs with Guidebook	Discernment Teleconference 08/11/2005	
Pathway to Freedom	Falling into the Hands of God	Active Prayer Teleconference 12/7/2005	
Divine Therapy, Addiction	Lectio Divina Practice - DVD	Centering Prayer Teleconference 2/8/2006	
Centering Prayer - Contemplative Life Program, Year 1 module #1			

Books	DVDs	Audio CDs	Online Courses
Welcoming Prayer - Contemplative Life Program, Year 1 module #2	<p>A Rising Tide of Silence</p> <p>Centering Prayer: A Training Course for Opening to the Presence of God (formerly called the Centering Prayer Program) Multi-media, DVDs, CDs and workbook.</p> <p>Centering Prayer Meditations</p> <p>Centering Prayer: A Way of Life</p> <p>God is Love – The Heart of All Creation</p>	Intention/Attention Teleconference 3/17/2006	
Lectio Divina - Contemplative Life Program, Year 1 module #3		Welcoming Prayer Teleconference 5/09/2006	
Discernment - Contemplative Life Program, Year 1 module #4		Lectio Divina Teleconference 6/29/2006	
Forgiveness - Contemplative Life Program, Year 1 module #5		20-Minute Meditation Timers (Search for "timer")	
Active Prayer - Contemplative Life Program, Year 1 module #6		Cello: 3-Track 20-Minute Meditation Timer	
Intention/Attention - Contemplative Life Program, Year 1 module #7		Jerusalem--Spanish Chant 20-Minute Meditation Timer	
Thomas Keating Reader, (Selected Writings from the Contemplative Outreach Newsletter)		20-Minute Meditation Timer CD- 2-track Gregorian Chant and Lute	
The Gift of Life - Death & Dying, Life & Living Guidebook		Who is God? MP3 & pdf transcript	
The Gift of Life – Death & Dying, Life & Living companion book			
The Transforming Power of Lectio Divina			
Centering Prayer and Rebirth in Christ on the Tree of Life			
Centering Prayers			

Books	DVDs	Audio CDs	Online Courses
<p>A Beautiful Prayer: Answering Common Misconceptions about Centering Prayer</p> <p>Welcoming Prayer: Consent on the Go, a CLP Praxis</p> <p>Finding God Within – Contemplative Prayer for Prisoners</p> <p>God is Love – The Heart of All Creation – Guide book</p>			

ESTABLISHING A PRACTICE OF CENTERING PRAYER

Books	DVDs	Audio CDs	Online Courses
Too Deep for Words	The Practices That Bring The Fruits of Centering Prayer Into Daily Life	Healing the Human Condition	Lectio Divina
The Better part, Stages of Contemplative Living	Centering Prayer A Training Course	Contemplative Dimension of the Gospel	Forgiveness Growth in Love
The Human Condition	Invitation From God - DVD with booklet	Prayer of Forgiveness	
Intimacy with God	A Transformed Life - DVD with Guidebook	The Practices That Bring The Fruits of Centering Prayer Into Daily Life	
Active Meditations for Centering Prayer	Annual Conference -2012: God is All in All	The Divine Therapy	
Psalms for Praying	The Gift of Life - Death & Dying, Life & Living DVDs with Guidebook	Spirituality of Money Teleconference 5/25/2006	
Lumen Christi, Holy Wisdom	Falling into the Hands of God	Contemplative Service Teleconference 6/18/2006	
Centering Prayer and Inner Awakening	A Rising Tide of Silence	Silence & Solitude Teleconference 9/13/2006	
Divine Therapy and Addiction	Centering Prayer Meditations	Simplicity - Let Your Eye be Single Teleconference 11/29/2006	
Spirituality of Money - Contemplative Life Program, Year 2 module #1	Centering Prayer: A Training Course for Opening to the Presence of God (formerly called the Centering Prayer Program) Multi-media, DVDs, CDs and workbook.	Advent-A Journey Into Faith Teleconference 12/21/2006	
Contemplative Service - Contemplative Life Program, Year 2 module #2	Lectio Divina Practice – DVD	Discipline of Prayer: A Friendship with Christ Teleconference 4/5/2007	
Silence and Solitude - Contemplative Life Program, Year 2 module #3	Centering Prayer: A Way of Life	Hospitality: The Dance Between Guest and Host Teleconference 5/2/2007	
Simplicity - Contemplative Life Program, Year 2 module #4		Who is God? MP3 & pdf transcript	

Books	DVDs	Audio CDs	Online Courses
<p>Discipline of Prayer - Contemplative Life Program, Year 2 module #5</p> <p>Hospitality - Contemplative Life Program, Year 2 module #6</p> <p>Faith: An Advent Companion - Contemplative Life Program, Year 2 module #7</p> <p>Thomas Keating Reader, (Selected Writings from the Contemplative Outreach Newsletter)</p> <p>The Gift of Life - Death & Dying, Life & Living Guidebook</p> <p>The Gift of Life – Death & Dying, Life & Living companion book</p> <p>The Transforming Power of Lectio Divina</p> <p>Centering Prayer and Rebirth in Christ on the Tree of Life</p> <p>Centering Prayers</p> <p>Centering Prayer, Prayer of Consent, a CLP Praxis</p> <p>A Beautiful Prayer</p> <p>Finding God Within – Contemplative Prayer for Prisoner</p>	<p>God is Love – The Heart of All Creation</p>		

Books	DVDs	Audio CDs	Online Courses
Going Inside – Learning to Teach Contemplative Prayer to the Imprisoned – with Foreword by Thomas Keating God is Love – The Heart of All Creation – Guide book			

CONTINUING A PRACTICE OF CENTERING PRAYER

Books	DVDs	Audio CDs
Spiritual Journey Video Transcripts, Part 2	Spiritual Journey, Part 2	Spiritual Journey Part 2, CD's 6-12
Spiritual Journey Video Transcripts, Part 3	Spiritual Journey, Part 3	Spiritual Journey, Part 3, CD's 13-17
Invitation to Love	Heartfulness- Transformation in Christ package, 3 DVDs guidebook and reflection cards	Lectio Divina
Journey to the Center	Invitation From God - DVD with booklet	Heartfulness- Transformation in Christ
Awakenings	A Transformed Life - DVD with Guidebook	Who is God? MP3 & pdf transcript
St. Therese of Lisieux, Transformation in Christ	Annual Conference -2012: God is All in All	
The Divine Indwelling	The Gift of Life - Death & Dying, Life & Living DVDs with Guidebook	
Fruits and Gifts of the Spirit	Falling into the Hands of God	
Foundations of Centering Prayer	A Rising Tide of Silence	
The Process of Forgiveness	Centering Prayer: A Training Course for Opening to the Presence of God (formerly called the Centering Prayer Program) Multi-media, DVDs, CDs and workbook.	
Centered Living	Centering Prayer Meditations	
Centering Prayer and the Healing of the Unconscious	Lectio Divina Practice – DVD	
Spirituality, Contemplation and Transformation, Writings on Centering Prayer	Centering Prayer: A Way of Life	
Divine Therapy and Addiction		
Heartfulness- Transformation in Christ Guide Book		

Books	DVDs	Audio CDs
Centering Prayers	God is Love – The Heart of All Creation	
Thomas Keating Reader, (Selected Writings from the Contemplative Outreach Newsletter)		
The Transforming Power of Lectio Divina		
Centering Prayer and Rebirth in Christ on the Tree of Life		
Centering Prayer, Prayer of Consent, a CLP Praxis		
Consenting to God as God Is		
The Will of Divine Love		
Finding God Within – Contemplative Prayer for Prisoner		
Going Inside – Learning to Teach Contemplative Prayer to the Imprisoned – with Foreword by Thomas Keating		
God is Love – The Heart of All Creation – Guide book		

A FAITHFUL PRACTICE OF CENTERING PRAYER

Books	DVDs	Audio CDs
Crisis of Faith, Crisis of Love	Heartfulness- Transformation in Christ package, 3 DVDs guidebook and reflection cards	Heartfulness- Transformation in Christ
Loving Search for God	Invitation From God - DVD with booklet	Who is God? MP3 & pdf transcript
An Inspirational Minute Book	A Transformed Life - DVD with Guidebook	
ReAwakenings	The Gift of Life - Death & Dying, Life & Living DVDs with Guidebook	
Thoughts Matter	Falling into the Hands of God	
Tools Matter for Practicing Spiritual Life	A Rising Tide of Silence	
A Daily Reader for Contemplative Living	Centering Prayer Meditations	
Discovering the Center	Centering Prayer: A Training Course for Opening to the Presence of God (formerly called the Centering Prayer Program) Multi-media, DVDs, CDs and workbook.	
Heartfulness- Transformation in Christ Guide Book	Lectio Divina Practice – DVD	
Thomas Keating Reader, (Selected Writings from the Contemplative Outreach Newsletter)	Centering Prayer: A Way of Life	
The Gift of Life - Death & Dying, Life & Living Guidebook	God is Love – The Heart of All Creation	
The Gift of Life – Death & Dying, Life & Living companion book		
The Transforming Power of Lectio Divina		
Centering Prayer and Rebirth in Christ on the Tree of Life		

Books	DVDs	Audio CDs
<p>Centering Prayers</p> <p>Reflections on the Unknowable</p> <p>Centering Prayer, Prayer of Consent, a CLP Praxis</p> <p>Consenting to God as God Is</p> <p>The Will of Divine Love</p> <p>Finding God Within – Contemplative Prayer for Prisoner</p> <p>Going Inside – Learning to Teach Contemplative Prayer to the Imprisoned – with Foreword by Thomas Keating</p> <p>God is Love – The Heart of All Creation – Guide book</p>		

SUPPORT FOR A WELL-ESTABLISHED PRACTICE OF CENTERING PRAYER

Books	DVDs	Audio CDs
Spiritual Journey Video Transcripts Parts 4 & 5	Spiritual Journey Part 4, sessions 18 - 23	Spiritual Journey Part 4, CD's 18-23
The Mystery of Christ	Spiritual Journey, Part 5, sessions 24-28	Spiritual Journey, Part 5, CD's 24-28
Call to the Center - The Gospel's Invitation to Deeper Prayer	Heartfulness- Transformation in Christ package, 3 DVDs guidebook and reflection cards	Christian Contemplative Heritage Series
The Kingdom of God is Like	Invitation From God - DVD with booklet	Heartfulness- Transformation in Christ
The Way of the Prisoner	A Transformed Life - DVD with Guidebook	Who is God? MP3 & pdf transcript
Humility Matters	The Gift of Life - Death & Dying, Life & Living DVDs with Guidebook	
Heartfulness- Transformation in Christ Guide Book	Falling into the Hands of God	
Thomas Keating Reader, (Selected Writings from the Contemplative Outreach Newsletter)	A Rising Tide of Silence	
The Gift of Life - Death & Dying, Life & Living Guidebook	Centering Prayer Meditations	
The Gift of Life – Death & Dying, Life & Living companion book	Centering Prayer: A Training Course for Opening to the Presence of God (formerly called the Centering Prayer Program) Multi-media, DVDs, CDs and workbook.	
Centering Prayer and Rebirth in Christ on the Tree of Life	Lectio Divina Practice – DVD	
Reflections on the Unknowable	Centering Prayer: A Way of Life	
Centering Prayer, Prayer of Consent, a CLP Praxis	God is Love – The Heart of All Creation	
Consenting to God as God Is		

Books	DVDs	Audio CDs
<p>Finding God Within – Contemplative Prayer for Prisoner</p> <p>Going Inside – Learning to Teach Contemplative Prayer to the Imprisoned – with Foreword by Thomas Keating</p> <p>God is Love – The Heart of All Creation – Guide book</p>		

ENRICHMENT POSSIBILITIES

Books	DVDs	Audio CDs
Heart of the World	Living the Paschal Mystery - Contemplative Life Program, Year 3	Healing Our Violence Through the Journey of Centering Prayer
Old Wine in New Skins, Centering Prayer & Systems Theory	Oneness: Unity in Contemplation	Ecumenism: United in Our Search for God
The Common Heart	Transformative Listening	Homily--The Banquet
The Kingdom of God is Like	A Taste of Beauty, Truth and Goodness, DVD and Online Video	Unity in Diversity Transcending Boundaries & Embracing Unity in the Christian Heritage
The Paschal Mystery, A Journey into Redemption and Grace, booklet- Contemplative Life Program, Year 3	Unity in Contemplation, Talks on the Spiritual Journey	United in Our Common Search for God
Community - Oneness in Contemplation, Contemplative Life Program, Year 4	Contemplative Vision ~ Awakening to Beauty, Truth & Goodness,	Doorway to Devotion- Contemplative Entry into Christian Prayer
Islam Is...An Experience of Dialogue	Living the Paschal Mystery: Hope and Redemption as DVD and Online Video	Paschal Mystery
Thomas Keating Reader, (Selected Writings from the Contemplative Outreach Newsletter)	Invitation From God - DVD with booklet	Contemplative Vision ~ Awakening to Beauty, Truth & Goodness, 2007 Annual Conference presentations
The Gift of Life - Death & Dying, Life & Living Guidebook	A Transformed Life - DVD with Guidebook	Oneness: Unity in Contemplation
The Gift of Life – Death & Dying, Life & Living companion book	The Gift of Life - Death & Dying, Life & Living DVDs with Guidebook	Living the Paschal Mystery: Hope and Redemption CD and MP3 downloads
The Transforming Power of Lectio Divina	Falling into the Hands of God	Who is God? MP3 & pdf transcript
The Will of Divine Love	A Rising Tide of Silence	A Taste of Beauty, Truth and Goodness CD and mp3 digital downloads

Books	DVDs	Audio CDs
Centering Prayer and Rebirth in Christ on the Tree of Life	Centering Prayer Meditations	
Centering Prayers	Centering Prayer: A Training Course for Opening to the Presence of God (formerly Centering Prayer Program)	
Centering Prayer, Prayer of Consent, a CLP Praxis	Lectio Divina Practice – DVD	
A Beautiful Prayer: Answering Common Misconceptions about Centering Prayer	Centering Prayer: A Way of Life	
Finding God Within – Contemplative Prayer for Prisoner	God is Love – The Heart of All Creation	
Going Inside – Learning to Teach Contemplative Prayer to the Imprisoned – with Foreword by Thomas Keating		
God is Love – The Heart of All Creation – Guide book		