
Contemplative Outreach News

Volume 17, Number 2 • Fall 2003/Winter 2004



The Contemplative Outreach logo is taken from the monogram of Job's Redeemer which is the symbol of patient waiting. It depicts the alpha and omega, a symbol of God, the beginning and the end; a cross as the symbol of our salvation; flowers, a symbol of the abundance of life and the Resurrection; and a circle, a sign of ongoing process. This symbol has been seen in several different locations: on an ancient church in the land of Uz — the residence of Job; in the excavations of Old Jerusalem near the original stairs of the Temple; at the Southern Wall of the Old City near the Huldah Gates; and in a church in Galilee.

Contemplative Outreach Vision Statement

Contemplative Outreach is a spiritual network of individuals and small faith communities committed to living the contemplative dimension of the Gospel in everyday life through the practice of Centering Prayer. The contemplative dimension of the Gospel manifests itself in an ever-deepening union with the living Christ and the practical caring for others that flows from that relationship.

Our purpose is to share the method of Centering Prayer and its immediate conceptual background. We also encourage the practice of Lectio Divina, particularly its movement into Contemplative Prayer, which a regular and established practice of Centering Prayer facilitates.

We identify with the Christian Contemplative Heritage. While we are formed by our respective denominations, we are united in our common search for God and the experience of the living Christ through Centering Prayer. We affirm our solidarity with the contemplative dimension of other religions and sacred traditions, with the needs and rights of the whole human family, and with all creation.

Networking, resources, and workshop presenters are available at the Contemplative Outreach International Office. For more information contact:

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PEACEMAKING

by Thomas Keating

People in oppressive situations develop myths to sustain their hope of liberation. The Israelites of Jesus' time created the myth of the Kingdom of God that promised a definitive victory by force over their enemies and the establishment of the dominion of Israel over the nations of the world. Universal peace was to flow from this arrangement. This mythical expectation was not Jesus' idea of the Kingdom of God and brought him into confrontation with the authorities and the popular mind of the time, including his own disciples. Only a handful of people assimilated his understanding of the Kingdom of God, a view set forth in the parables in which Jesus effectively undermined the popular mind-set and established his own, based on his experience of God as Abba, the Father who is Love itself. To know the Father in this way is to experience peace that is beyond all understanding, a peace which the world cannot give. This peace might be called "Christ Consciousness." No one wants his or her idea of peace threatened. Hence the need to distinguish between peace lovers and peace makers.

Almost everybody wants peace, especially those who are fighting for what they think it is. Here are a few common expectations: a good portfolio, a high standard of living, a home of one's own, family, good friends, and fulfilling relationships, top notch entertainment, a good reputation, good feelings about ourselves. The moderate possession of these things are real values, even needs, but they represent the peace that the world gives. When one of them is shattered, one feels the pain of loss, grief, and anger. As the suffering, anguish, and alienation increase, we may turn our pain outwardly onto others, despising in others the dark side of our personality that we are unwilling to face. This is basically what leads to violence and disregard of the rights and needs of others. Our pain is superficially or temporarily dissipated by hating others or the circumstances that shatter our particular myth regarding the circumstances of life that we identify with peace.

A peace lover clings to his or her myths and vigorously resists anything or anyone who challenges them. A peacemaker is one who is willing to give up all myths of peace in order to receive the "peace that the world cannot give." He or she is one who has accepted Jesus' idea of the Kingdom, which is the knowledge and

experience of the God of all creation as Abba – Jesus' endearing name for God the Father.

Suffering, anguish, alienation, separation from God, others and one's true self are the normal consequences of sin. God is disposed to take into Godself, all the consequences of evil behavior if we sit with these painful feelings rather than seek to escape from them into distractions or by projecting them onto other people. God joins us in our suffering, anguish, and alienation and takes the whole burden upon himself. We have to acknowledge these sufferings as our own in the sense that we are truly their cause. The painful consequences are the natural sanction of negative behavior, not punishments from God. When we take responsibility for our faults and their consequences, we make ourselves totally vulnerable to the truth. We know that we are undeserving of God's grace and of anybody else's love. We hit bottom, but instead of running away, we accept the truth of our wrongdoing along with our powerlessness to do anything about it. We may experience discouragement, despair, self-hatred, even desolation, for having failed God, abused his gifts betrayed our integrity, and injured everybody else in the human family. Here is the precise point where God the Father joins us, taking all the consequences of our sins into Godself and obliterating them in the abyss of the Divine Mercy. Jesus, in his passion, death, and descent into hell manifested in his own sufferings what the Father is doing and has been doing from the beginning of human consciousness: forgiving and obliterating the sins of the world.

"Lamb of God, you take away the sins of the world"

A peacemaker is one who is willing to give up all myths of peace in order to receive the "peace that the world cannot give."

is an ancient text sung or recited just before communion in every mass. If the Lamb of God—Jesus, the Son of God—has taken away the sins of the world, where are they? They have disappeared

into God's infinite and unconditional love. God has found us and now must celebrate by incorporating us into his Son. The symbols of full acceptance into the Father's love are celebrated in the Parable of the Prodigal Son by the banquet, music, and dancing. The self-righteous, of whom the Elder Son in the parable was one, cannot understand God's largess, in which all is forgiven in exchange for honesty. The Elder Son, intent on his material inheritance and worldly values, did not recognize the extent of his own weakness and brokenness, nor could he accept it.

Peacemaking

continued from page 1

When he tastes the consequences of his self-centeredness, he quickly disowns them by projecting his uneasy conscience onto his brother. The Father in the Parable cannot reach the truth of his Elder Son's being, from which the self-righteous are so well defended. Thus, the Father can only expostulate with his Elder Son but cannot heal him. The Elder Son with his idealized self-image, is unwilling to surrender and experience the gratuity of his Father's love.

God, for whom the Father in the Parable is an image, cannot heal ideas, but only persons. The Prodigal Son has been forced to face his own utter failure, woundedness, and hopelessness, thus experiencing to the depths the consequences of his reckless and irresponsible pursuit of pleasure and "the good life." The Father can now redeem him, taking all his emotional suffering, shame and guilt feelings into himself and *must* celebrate the victory of unconditional love over all his sins. The resurrection of Jesus is the symbol of this celebration. Inner peace is our participation in the banquet of divine love, the forgiveness of everyone and everything and the affirmation of the goodness of all creation in spite of any and all appearances to the contrary. The path of true peacemaking is now open.

Our pain is God's pain. Much of our suffering is needless, the natural consequences of self-centered activity. There is also useful suffering. That is the pain or suffering we endure for others that may be physical, mental, or spiritual. This is the suffering that we take into ourselves out of love for God and the healing of the individual and societal wounds of the human family. In this way God's pain becomes our pain.

Fear, not hatred, is the opposite of love. Fear fixes our attention on ourselves making it hard to hear the cries of the poor and of our neighbors. Love opens us to the whole world. Fear of punishment undermines the capacity to love. And yet there remains an even greater fear. *It is the fear of being loved so much by God.*

How does one respond to such love and how can one share it with others? Those who do are the world's best hope for peace.

Correction: In the article by Fr. Thomas Keating in the Spring/Summer 2003 issue of the *Contemplative Outreach News*, "Towards Global Transformation, Reflections on John 1:1-14," the last paragraph on page 1 (4 lines from the bottom, right column) should read: "Jesus refers to the humanity we know as Jesus." Leave out "of the human person."

The President's Letter

Dear Friends,

Our Annual Conference in San Diego, CA, September 24 - 28, 2003 was a delightful success. Our enrichment program featured "Back to Basics", a renewal of the Introductory Program on Centering Prayer. We are in the process of updating these materials. They will be sent to all commissioned presenters upon completion.

It is a very exciting time in our history. Contemplative Outreach will be celebrating its 20-year anniversary beginning at the Annual Conference in Toronto, Canada, September 28 - October 3, 2004. Mark your calendars and plan to join us for this historic event.

I am delighted to announce that Marie Howard, our new Special Events Coordinator, has been kept very busy contacting all our chapters to set up our 2004-2005 Anniversary Chapter Enrichment Tour. Fr. Thomas, Fr. Carl Arico, Marie and I will be visiting Chapters offering enrichment, personal contact and fundraising events. Interested? Contact Marie Howard at MRHfamlife@aol.com or give her a call at 310-823-5863. (See pg 18)

Exciting news! Madeline Soo was appointed International Outreach Coordinator at the June Board of Trustees meeting. We welcome Madeline's willingness to serve the growing needs of the International Chapters. (See pg 5)

To find out more about how the Board of Trustees serves Contemplative Outreach please read the short article on page 4.

Mark your calendars and plan to join The United Day of Prayer, March 20, 2004. This day will feature a new video by Fr. Thomas Keating entitled: "Discovering the Divine DNA". (See pg 3)

I am happy to report that our NEW ONLINE BOOKSTORE makes it possible for many more people to buy our resources. I'm also pleased to announce a new book to add to our collection, **The Daily Reader of Contemplative Living**, excerpts from the works of Fr. Thomas Keating compiled by Stephanie Iachetta. In addition, Meridith Schifsky has illustrated an **Inspirational 2004 Poster Calendar** with quotes by Fr. Thomas. (See pg 14)

The 2004 Coordinator Servant-Leadership Formation is scheduled for July 23-30, 2004. This popular course, especially designed for coordinators, contact persons and leadership team members, fills up fast. If you would like to register or hear more about it, please contact: Susan Komis at 888-350-5088 or email her at susankomis@earthlink.net

With a grateful spirit,

Gail Fitzpatrick-Hopler, President

Invitation to Generosity

by Fr. Carl J. Arico, Campaign Co-chair

We are just beyond the middle of our 5-year campaign for \$2,500,000 to meet the needs of our growing global network. It is certainly a miracle of God's grace that so many women and men are being drawn to Centering Prayer. It is the power of prayer that is causing the network of Contemplative Outreach to grow globally. At this printing we have reached 1,750,000 in contribution, pledges and grants. We are so thankful.

As you know Contemplative Outreach will be celebrating our 20th anniversary in 2004. We have decided to have a 20th Anniversary tour from 2003 to 2005. Fr. Thomas Keating, Gail Fitzpatrick-Hopler, and I will be giving chapters the opportunity to have us come for a weekend. Yes, all three of us plus Marie Howard who is our special event coordinator for the annual conference and for fundraising.

Here is what we are planning to do. On Saturday we will have a special morning and afternoon session with the leadership of a chapter and in the evening, a special dinner with potential major donors. On Sunday a fundraising event inviting all the members of Contemplative Outreach and their guests to an inspiring talk by Fr. Thomas Keating, a presentation of our needs, a special appeal for financial support, and an opportunity to meet all of us personally.

I invite coordinators and contact persons to call Marie (310-823-5863) to make plans for 2005. The response has been overwhelming: we are completely booked for 2004. Our campaign events played a major role in building community with the spiritual network along with raising funds. It has been an awesome experience for everyone.

Let me leave you with this reflection which Cathy McCarthy, the co-chair, prepared for our campaign bulletin, THE INVITATION, that is sent out every 4 months to our campaign contributors. If you would like a copy of this bulletin, feel free to contact me.

"Money, whatever our particular relationship with it is, often has us tied in knots and keeps us UNFREE. An inappropriate energy around money (getting it, spending it, losing it, hoarding it) comes from FEAR, a lack of total trust in God's Providence. We must be honest and fearless in seeking to know, in truth, what our real relationship with money is...and how enmeshed [we are] in our needs for control, security and affection."

Thanks again for all your help and prayers. More next issue.

12th Annual United in Prayer Day

Please join us for the 12th Annual United in Prayer Day to be held Saturday, March 20, 2004. This day has traditionally celebrated the worldwide network of Contemplative Outreach, Ltd. united in a single bond of Centering Prayer around the globe.

The featured video this year is from a Trinity Television production of the Spiritual Formation Summit at Kanuga 2002. It is an interview with Fr. Thomas Keating entitled, "Discovering the Divine DNA". We are sure that you will find it interesting and inspiring.

If you wish to host the day for your local Contemplative Outreach chapter, Centering Prayer group, or gathering with a few friends, please fill out the form below. We will send you the videotape and include a format for the Day of Prayer. This special price of \$25.00 plus \$5.50 for U.S. shipping and handling* will be available only for this event - so order now ! (*Shipping/handling fees outside of the USA: Canada and Mexico, \$15.50; all other countries \$25.50.)

Order after January 15, 2004

**Please call our order department at 1-800-608-0096
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Options for Giving: Bequests/Wills; Individual Charitable Trusts; Long-term Appreciated Securities; all offer tax benefits. Please contact us if you would like information about these options. Contemplative Outreach is designated as a public charity under 501 c 3 of the Internal Revenue Code. Therefore, all contributions are tax deductible.

The Contemplative Outreach Board of Trustees

by Gail Fitzpatrick-Hopler, President

The Board of Trustees is composed of twelve persons who have made the commitment to serve Contemplative Outreach, Ltd. as a Trustee for a three-year term which is renewable once. Fr. Thomas Keating serves as Chairman, Madeline Soo is the Vice Chairperson, Gail Fitzpatrick-Hopler is the President, who serves as an ex officio member of the Board, and Carol DiMarcello is Treasurer/Secretary. Fr. Carl Arico, an Advisory Board member, serves as the Vice President. According to our Bylaws it is not necessary to be a Trustee in order to be an officer of the Board.

The Trustees serving at present are Barbara Cook of Austin, TX; Mary English of San Francisco, CA; Adalberto Henriquez of Cocoa, FL; Pat Johnson of Carbondale, CO; Timothy Kooock of Fredericksberg, TX; Therese Saulnier of Bayonne, NJ; Susan Rush of Santa Fe, NM; and Fr. Justin Langille of San Diego, CA.

Contemplative Outreach, Ltd. was first incorporated in 1986. There were five Board members on the original Board. The duties of the Board include maintaining the integrity of the Centering Prayer Method, proposing and designing policy to foster the Vision and Foundations of Contemplative Outreach, and overseeing and directing the business of the corporation. The Board works in concert with the Faculty and the Coordinators: together they make up the voting membership. The Coordinator Communication Committee serves the coordinators by reporting the activities and concerns of Chapters to the Board through its Chairperson, Susan Komis. The Faculty does likewise through Mary Dwyer, Chairperson of the Faculty. At the 2002 annual meeting the voting membership voted to amend the Contemplative Outreach, Ltd. bylaws to include as voting members past and present Faculty, past and present Coordinators, and past and present Trustees. Past and present Advisory Board members were also added to the voting membership roster.

The Trustees have four weekend meetings each year and work on various committees in between sessions. The meetings take place in different locations throughout the country. The meeting schedule includes time for Centering Prayer, agenda sessions and meals in community. Trustees carry on business in an atmosphere of retreat and accomplish the tasks on their lengthy agenda prayerfully. They follow the teachings of Jesus and exercise leadership as service by being alert and responsive to the growth and needs of the spiritual network (from Theological Principal #11). The Board is accountable to the members of the spiritual network it serves. The members, and the various service teams in turn, are accountable to the Board of Trustees for maintaining the basic teaching of Contemplative Outreach. Therefore, it is very important for the Trustees to keep connected to the activities of the network. This is facilitated by the reports they receive from all the various committees and service teams.

Sought Through Prayer and Meditation...

by Tom S.

When I found AA (or AA found me) back in 1978, I had no idea that the sickly state of my own spirituality was one of the major components of my alcoholism. The dawn came early as I worked through the steps (especially the 11th Step). I was divorced and had custody of six children. I went to a Bible study class for the divorced and separated for all the wrong reasons. I was lonely and thought I might meet someone there. I did meet a woman there, but she wasn't exactly what I was looking for. She was leading the meeting and had a calmness and friendliness (maybe a holiness) that was unusual. She suggested that we close our Bibles and begin by just sitting silently, with eyes closed, for a few minutes in God's presence, letting our meandering thoughts go...I had never done that before...A serenity descended on the room...I heard a bird singing outside...I was part of nature again...It was my first meditation. For twenty years, until her death, this woman, Mary Mrozowski, was friend and spiritual advisor to me. She later started a retreat house in New York and co-founded Contemplative Outreach. About three years ago, at our monthly business meeting (Crane Road Group, Scarsdale, New York), we were discussing the possible cancellation of our 6:15 p.m. Saturday topic meeting due to poor attendance. I suggested that we first try to replace it with a candlelit 11th Step meditation meeting. I was asked to develop the guidelines for such a meeting (later approved by the group).

The guidelines included a period of silence (20 minutes) preceded by a few short reading of words that are integral to the 11th Step. The 11th Step Prayer (Prayer of St. Francis) is read twice slowly, along with a few inspiring words written by Bill Wilson. The silence is followed by a speaker who shares on the 11th Step for about five minutes and sharing around the room.

The room is usually full to capacity, and members of other groups often join us. The meetings are carefully in the AA tradition. Most attendees now practice some form of silent meditation at home. All of the regular attendees have experienced pronounced changes in their spiritual lives and a deepening of their relationship with God.

The Spanish Corner

by Ilse Reissner

Fruits: The Holy Spirit has surely gifted us with the best of the best! Our Coordinators in Mexico, Central America, and Puerto Rico, as well as our contact persons in several locations within the U.S., continue doing a marvelous job bringing Centering Prayer to their local Spanish-speaking communities. We've had Introductory Workshops in El Salvador; Mexico; Nicaragua; Puerto Rico; Austin, TX; San Diego, CA; Miami, FL; San Francisco, CA. In April, a delegation of five priests, one lay person and Coordinator Judith Bernal, with her husband, Julio, met at the monastery in Spencer, MA. Isabel, from Santo Domingo, and I formed the Team. Presentations were given by Fr. Thomas Keating, Gail Fitzpatrick-Hopler, and Fr. Francisco, a Spanish monk who coordinated the event with Judith.

This September, in Nicaragua, Carmen Sanchez and I offered a Formation for Service in Spanish, this time in Nicaragua. Nicaragua was chosen as the site to save the expensive airfare to the U.S. Participants were also from Costa Rica, El Salvador, and Orlando.

Great News: Dr. Hugo Mejia from Miami and Tim Kooock from San Antonio have used my translations and Enid's transcripts of Fr. Keating's six Introductory Follow-up Sessions to "dub" the tapes using Hugo's voice.

Another of Hugo's great accomplishments to be thankful for is our website, www.oracioncentrante.com. He also linked it with the Contemplative Outreach website.

Plans: Many of you have heard Maru sing. The Holy Spirit has inspired her to come together with a group of professional technicians and produce a CD of her favorite tunes. Would you like to order one?

Visit our website! Also visit our website to order books from Contemplative Outreach that have been translated in Spanish.

"The Great Churches and Shrines of France" is our **2004 Pilgrimage**, April 23 - May 8 (\$3,099 per person), with an optional 3-Day Paris extension, May 6 - 8 (\$654 per person).

Our Spiritual Director will be Fr. Bill Fickel. Call me at 407-767-7567 or visit our website to order a brochure.

Just to sum up: Please take a look at our website, www.oracioncentrante.com for our Spanish newsletter, the names and numbers of our Contact Persons, the books and materials available in Spanish and their prices, and the pilgrimage information.

International Outreach

by Madeline Soo

Because of the selfless service of many who are dedicated to the practice of Centering Prayer, Contemplative Outreach is now active in 23 countries. Some were introduced to Centering Prayer through Fr. Thomas Keating's books, audiotapes, or videotapes. Others came to the prayer through hearing Fr. Thomas or another Contemplative Outreach service staff member speak in person. Still others participated in intensive retreats which inspired them to share this practice with others in their region. Their commitment to Centering Prayer and to serving their communities has prompted many to start groups in their respective countries.

We extend a big "thank you" to all who have worked hard to spread Centering Prayer throughout the world.

Contemplative Outreach has been mindful of the various needs that are increasing in our growing international communities. And we are committed to

listening to you and to serving you as best we can. As a starting point, The Board of Trustees has appointed me as Coordinator for International Outreach. I am grateful for this privilege and am very much looking forward to doing all that I can to support your work of offering the Centering Prayer practice to the people in your countries. Please feel free to email me at MLSoo@wi.rr.com with any suggestions or needs.



Order now while supplies last!

Inspirational 2004 Poster Calendar

Beautifully illustrated by Meridith Schifsky with the words of Fr. Thomas Keating.

This great gift idea is now available.

For ordering information see page 14

or visit our online bookstore at

www.contemplativeoutreach.org.

Submissions

We are grateful for the articles and poems we have received. Due to limited space, we may not be able to use them as they come in. But, be assured that we will include these inspired works as soon as we are able and welcome new submissions.

Did you know you can post information on the website? Contact Yvonne McChesney, the website designer. Click on

her address, *At Your Service Web Site Design*, located at the bottom of the Contemplative Outreach Home Page at www.contemplativeoutreach.org.

We would be grateful to receive any used books or recordings by Fr. Thomas Keating to recycle into our outreach programs.

Contemplative Outreach

If you are a beginner and don't know what materials suit your needs, or if you have an established practice of Centering Prayer and are looking for something to support you, we've crafted the chart below.

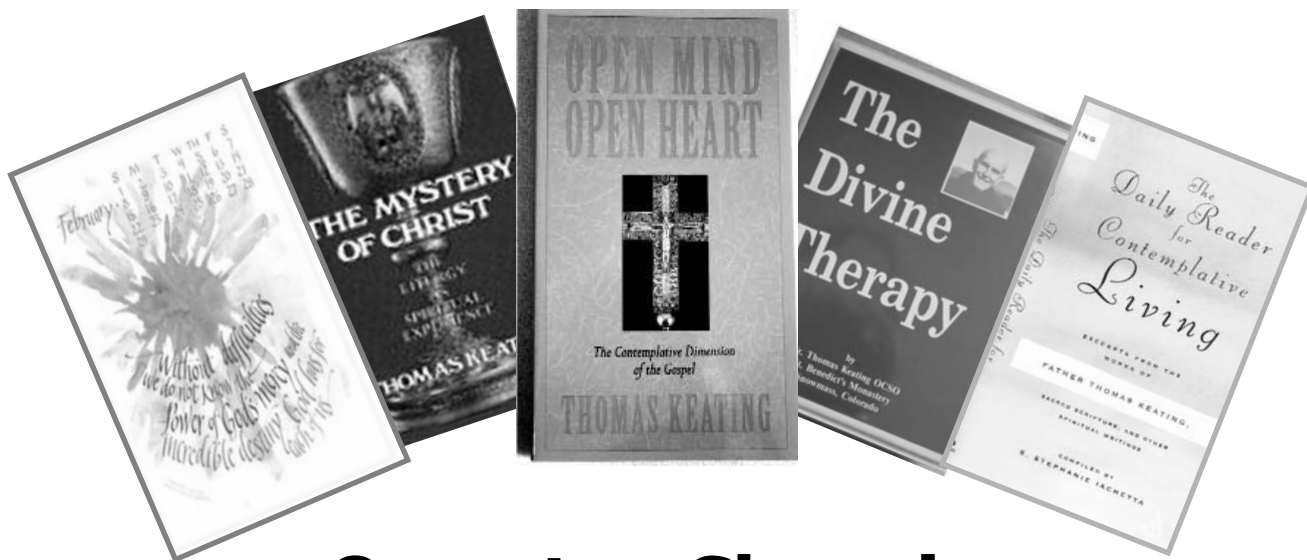
	Books	Videos	Audios/CDs
Getting Started	<ul style="list-style-type: none"> • Open Mind Open Heart • Spiritual Journey Video Transcripts, Part 1 • Centering Prayer in Life and Ministry • A Deeper Love • From the Center, Poetic Prayers & Meditations • A Taste of Silence 	<ul style="list-style-type: none"> • Six Follow-up Sessions • Spiritual Journey, Part 1, Tapes 1-5 • Contemplative Dimension of the 12 Steps • Who is Called to Contemplative Prayer? • Intro to Centering Prayer • Method of Centering Prayer (Prologue Tape 1) 	<ul style="list-style-type: none"> • Journey to Contemplation • Gift of Contemplation & the Spiritual Journey • Contemplative Journey Vol. 1 • Parish Mission: The Taste of Silence • Meditation Timers • Cont. Dimension of the 12 Steps
Establishing a Practice of Centering Prayer	<ul style="list-style-type: none"> • Lectio Divina • Too Deep for Words • The Better Part, Stages of Contemplative Living • The Human Condition • Intimacy with God • Active Meditations for Centering Prayer • Psalms for Praying 	<ul style="list-style-type: none"> • Psychological Experience of Centering Prayer (Prologue Tape 2) • Practices that Bring the Fruits of Centering Prayer to Daily Life (Lectio Divina, Prayer of Forgiveness, Welcoming Prayer, Attention/Intention) • Transformation in Christ, Divine Therapy • Gifts of the Holy Spirit 	<ul style="list-style-type: none"> • Divine Therapy • Beyond Centering Prayer • Healing Human Condition • Contemplative Dimension of the Gospel
Continuing a Practice of Centering Prayer	<ul style="list-style-type: none"> • Spiritual Journey Video Transcripts, Parts 2 & 3 • Invitation to Love • Awakenings • St. Therese of Lisieux, Transformation in Christ • The Divine Indwelling • Fruits & Gifts of the Spirit • Foundations of Centering Prayer (Combined Volume: Open Mind Open Heart, Mystery of Christ, Invitation to Love) • The Process of Forgiveness 	<ul style="list-style-type: none"> • Spiritual Journey, Part 2, Tapes 6-12 • Spiritual Journey, Part 3, Tapes 13-17 • Mary, The Mother of God: A Model for Lay Contemplative Life • St. Therese of Lisieux, Transformation in Christ • A Loving Search for God • Lectio Divina Series • Centering Prayer Revisited 	<ul style="list-style-type: none"> • The Power of Silence • Contemplative Journey, Vol. II • Lectio Divina

Media Resource Guide

Please remember that these are just general guidelines and any of the materials can be ordered by anyone any step along the spiritual journey.

	Books	Videos	Audios/CDs
A Faithful Practice of Centering Prayer	<ul style="list-style-type: none"> • Crisis in Faith, Crisis in Love • Loving Search for God • An Inspirational Minute Book • ReAwakenings • Thoughts Matter • Tools Matter for Practicing Spiritual Life 	<ul style="list-style-type: none"> • Fruits of the Holy Spirit • Towards Global Transformation 	
Support for a Well—Established Practice of Centering Prayer	<ul style="list-style-type: none"> • Spiritual Journey Video Transcripts, Parts 4 & 5 • The Mystery of Christ • The Kingdom of God is Like 	<ul style="list-style-type: none"> • Spiritual Journey, Part 4, Tapes 18-23 • Spiritual Journey, Part 5, Tapes 24-28 • Christian Contemplative Heritage Series 	<ul style="list-style-type: none"> • Christian Cont. Heritage Series
Enrichment Possibilities	<ul style="list-style-type: none"> • Heart of the World • Transformation of Suffering, Reflections of 9/11 • Old Wine in New Skins, Centering Prayer & Systems Theory • Inspirational Minute Book 	<ul style="list-style-type: none"> • Reflections of 9/11 • Sharing the Way • Ecumenism: United in Our Search for God • Homily — The Banquet • Unity in Diversity Transcending Boundaries • Embracing Unity in the Christian Heritage 	<ul style="list-style-type: none"> • Healing Our Violence • Ecumenism: United in Our Search for God • Homily — The Banquet • Unity in Diversity Transcending Boundaries • Embracing Unity in the Christian Heritage

The Contemplative Outreach Media Center



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Resource Materials

Books By Fr. Thomas Keating

Active Meditations for Contemplative Prayer

By Fr. Thomas Keating #B-15 \$12.95
Contains over 100 selections of several of Keating's significant works, including *Open Mind, Open Heart*.

Awakenings #B-05 \$16.95

By Fr. Thomas Keating
A selection of homilies calling the reader to a new level of awareness of the Gospel.

The Better Part #B-29 \$15.95

By Fr. Thomas Keating
Various facets of Centering Prayer are described, including Lectio Divina, the "sacred gaze" and the "sacred breath."

Crisis of Faith/Crisis of Love

By Fr. Thomas Keating #B-11 \$10.95
Keating develops the theme of faith and love.

Foundations for Centering Prayer and the Christian Contemplative Life

By Fr. Thomas Keating #B-38 \$27.95
A combined volume of *Open Mind, Open Heart; The Mystery of Christ*, and *Invitation to Love*

Fruits and Gifts of the Spirit

By Fr. Thomas Keating #B-30 \$12.00
A compelling guide to the spiritual life, its blessings and unexpected gifts from a best-selling leading spiritual teacher.

Heart of the World

By Fr. Thomas Keating #B-26 \$9.95
An introduction to contemplative Christianity. Keating's description of the contemplative approach to the practice of prayer.

The Human Condition

By Fr. Thomas Keating #B-25 \$6.95
Lectures delivered at Harvard Divinity School discussing how Christ calls on people to repent and reclaim their "true selves."

Intimacy with God

By Fr. Thomas Keating #B-08 \$16.95
Transformation through contemplation – a deeper understanding of the spiritual journey.

An Inspirational Minute Book

Editor: Sr. Margaret Ann Calcutta #B-42 \$10.00
A series of short readings from the works of Fr. Thomas Keating, with room for personal journaling. Illustrated by Meridith Schifsky.

Invitation to Love

By Fr. Thomas Keating #B-03 \$13.95
The spiritual journey is covered in detail in this book.

The Mystery of Christ

By Fr. Thomas Keating #B-02 \$13.95
A discussion of the contemplative dimension of the Gospel.

Open Mind, Open Heart (Paperback)

By Fr. Thomas Keating #B-01 \$13.95
The Contemplative Dimension of the Gospel-Centering Prayer resource. Many questions regarding the Centering Prayer method are answered here.

Gift Edition (Hard Cover) #B-40 \$19.95

Reawakenings

#B-06 \$16.95
By Fr. Thomas Keating
More selections of homilies for a deeper understanding of the contemplative dimension of the Gospel.

St. Therese of Lisieux, A Transformation in Christ

By Fr. Thomas Keating #B-31 \$10.00
A biography and study of the spiritual wisdom of the "Little Flower."

Spiritual Journey Video Transcripts

These books correspond with the Spiritual Journey video tapes.
Part 1 (Tapes 0-5) #TR-001 \$14.95
Part 2 (Tapes 6-11) #TR-002 \$14.95
Part 3 (Tapes 12-17) #TR-003 \$14.95
Part 4 (Tapes 18-23) #TR-004 \$14.95
Part 5 (Tapes 24-28) #TR-005 \$14.95

The Transformation of Suffering

By Fr. Thomas Keating #B-39 \$10.00
An exploration of the tragedy of September 11 through the perspective of Christ-consciousness and a discussion of John's Gospel account of the wedding feast of Cana.

Other Authors

Centering Prayer in Life and Ministry

#B-16 \$11.95
By Keating, Pennington, Ward, Neenan, Lawson, Butler, Morgan, Casey-Martus, Clark, Miller & Reinger
This book, with its ecumenical contributors, celebrates Centering Prayer as a common ground for Christian unity.

A Deeper Love

#B-28 \$10.95
By Elizabeth Smith and Joseph Chalmers
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Healing Our Violence Through the Journey of Centering Prayer

By Fr. Thomas Keating and Richard Rohr
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Call to the Center - The Gospel's Invitation to Deeper Prayer

By Fr. Basil Pennington #B-46 \$13.95
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By Fr. Basil Pennington #B-44 \$14.95
 This book benefits even the most seasoned practitioner or teacher of Centering Prayer. However, the clarity of Fr. Pennington's approach enables newcomers to develop a firm grasp on the practice.

The Daily Reader for Contemplative Living

Compiled by: Stephanie Iachetta #B-43 (hardcover) \$16.95
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Finding Grace at the Center - 25th Anniversary Edition

By Fr. Basil Pennington and Fr. Thomas Keating #B-47 \$14.95
 Reflections and advice on Centering Prayer's possibilities are presented with clarity and simplicity, and with a vision of the deeper life of the soul that contemplative prayer can bring about.

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By Fr. Basil Pennington #B-45 \$7.95
 This book is for those who seek an enriched prayer life, newcomers to Centering Prayer, and those interested in the intersection between Eastern and Western ways of praying

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Fall/Winter Chapter Updates

Alta, WY

The Alta Retreat Center continues to pursue plans for expanding its residential facility. Regrettably our application for the necessary rezoning to go ahead with developing our initial site plan was denied in August. This has led our Board of Trustees to creatively explore alternative options and building sites. We are well underway in negotiations and hopefully in next Spring's newsletter we will have good news to share. We believe that "when one door closes, another even more wonderful will open!" We are not discouraged, and continue to pray for the guidance of the Holy Spirit.

In an attempt to respond to the need for sharing more information regarding Contemplative Outreach's 11th Step Programs and Prison Ministry Programs we are hosting a three-day "Rendezvous" in June. The **Prison Ministry Rendezvous** with Fred Eckhart will be held **June 24th through the 27th**. The **11th Step Retreat** with Madeline Soo and Don Masters will be **June 3rd through the 6th**. Anyone interested in these service opportunities is welcome to attend. Facilitators for the weekend gatherings met in San Diego to discuss agenda items. Please be in touch if you want to help.

Thank you all for your continued presence and prayerful support. Alta began seven years ago in very humble surroundings and God willing we shall continue to serve the network with greater comfort and hospitality.

Rev. Sandra Casey-Martus, 307-353-8100, info@altaretreatcenter.com

Atlanta, GA

CO-Atlanta held our first Formation for Contemplative Outreach Service Workshop. Eighteen participants from around the southeast, Illinois, and Virginia attended. Ann Mazza and Therese Saulnier did a "smashing job" of guiding us through the 8-day session. The atmosphere of the Trappist monastery was very conducive to motivating us in our hopes of sharing contemplative living with others in our respective neighborhoods. Some of the comments tell it all: "This is the best training experience I've ever participated in." "It was wonderful to be at a monastery." "...life changing. Much more than I thought/imagined it would be..." On November 8 we will be hosting Fr. Keating at Emory University in Atlanta. We hope you will join us. For information contact: Luther Lewis, email, llewis@aol.com or Roseanne Havrid.

Roseanne M. Havird, 678-796-9158, rmaryh@earthlink.net

Boulder, CO

We held a Lenten Retreat with Sr. Scholastica England at the Abbey of St. Walburga. It was a contemplative look at the Stations of the Cross. In June, we held an 8-Day Post Intensive Retreat at the Abbey of St. Walburga. Paulist Fr. Steve Connor came from New York to help staff the retreat. In April Fr. Thomas Keating came to St. Thomas Aquinas to meet with a large group of Centering Prayer participants from northern Colorado. This yearly mini-retreat with Fr. Thomas is always a very special time for all.

Barbara Hayden

Denver, CO (CO of Colorado)

After our Visioning Day, led by Susan Komis, we closed the Center for Contemplative Living in June 2003 and focused on our vision for the future. Fall 2003 will find us continuing to develop our volunteer staff, our growth plan and our outreach ministries. Our course offerings expand in 2003-2004 with the addition of classes on *Lectio Divina* and *The Cloud of Unknowing*. As is our tradition, in Winter/Spring 2004 we are offering two weekend intensive retreats: **Sacred Heart, Feb. 20-22 (\$145) and St. Malo, June 11-13 (\$175)**. The serene and picturesque environments of these retreat centers offer a unique opportunity to commune with God. **May 14-16, 2004**, we collaborate with the Boulder Chapter to host **The Seven Mansions of the Interior Castle**, a retreat presented by Susan Komis at St. Malo Retreat Center, Allenspark, CO. This retreat on the teachings of Teresa of Avila and her intimate relationship with God includes a community experience of Centering Prayer and optional liturgy. Anyone with a contemplative heart and the desire to deepen their personal relationship with God will enjoy this journey through the stages of prayer and faith development from purification to illumination to union. Cost: \$195. Each of these retreats compliments the curriculum and the prayer opportunities that our Center provides, including noonday Centering Prayer on Tuesdays, Wednesdays and Thursdays, through mid-June. As always, the staff and I welcome the opportunity to serve those seeking a deeper relationship with God through Centering Prayer.

Sr. Bernadette Teasdale, 303-698-7729

Erie, PA

The Spirit is moving in the Erie area as we begin to formalize the creation of a chapter. A group has been meeting and Kay Powers joined us in February to begin the process of visioning. This culminated in an afternoon on Sunday, June 29th spent praying, affirming more group development, and viewing one of Fr. Thomas' latest videos, "The Most Excellent Path"; and affirming more group development. We hope to continue gathering as a large body and improve inter-prayer group communications regarding local and area offerings.

Mary Dwyer

Guam

Fr. Keating was invited to Guam by our Archbishop Anthony S. Apuron to give a spirituality workshop to catechists, theology/religious teachers, religious men and women, organizations such as the Cursillo and Legion of Mary, and the entire faith community.

We, the Guam Region Centering Prayer Group, were so happy when Fr. Keating accepted this invitation. Seeing him in person and not just through videos made us feel very important and confident in what we are doing here in Guam.

Fall/Winter

Guam continued from page 15

Fr. Keating arrived in Guam on Tuesday, April 1, 2003. Members of our prayer group, along with Connie Guerrero, the Archdiocese Director of the Office of Faith Formation, greeted Fr. Keating when he arrived at the airport. Crossing the Pacific Ocean in a cramped plane over a 16-hour flight must not have been fun for Fr. Keating, who is of tall stature. Yet, he met us with great joy and gave us the feeling that we had met him before. It was a mutual feeling of comfortable familiarity. We actually had some practice greeting him at the airport. As Fr. Keating was not aware of crossing the International Dateline, we had originally received word that he would arrive on March 31st. However, his actual arrival date was April 1st, Guam time. This is behind the motto: Guam, Where America's Day Begins.

Even after his long flight, there was no rest for Fr. Keating. He started the following morning meeting with the clergy, leaders of the religious communities, and deacon candidates at the Redemptoris Mater Seminary. That evening, he met with our prayer group. The gathering was held at the Bank of Guam building in the heart of Hagatna, with a beautiful view of the island and Pacific Ocean beyond. He encouraged us to continue our spiritual journey, inspired us to learn more, to let go and not to be afraid, and affirmed our progress. His busy schedule continued as he held a Retreat Workshop with the Chancery Office Staff, held a workshop for the Catechist and Faith Community, visited the Carmelite Sisters in the village of Malojloj, and held a Day of Recollection.

Fr. Keating, thank you for taking the time to visit us here in Guam, and sharing your wisdom and insight with us as we walk together in our spiritual journey.

Sister Bernadette Marie

Kentucky (CO-KY)

The Tenth Anniversary of Contemplative Outreach in KY was celebrated by a visit from Fr. Thomas Keating and Gail Fitzpatrick-Hopler on Sept 12 - 13. The Special Gathering on Friday evening was our fund-raising event for Contemplative Outreach, Ltd. Fr. Thomas shared his wisdom in an Enrichment Day. To commemorate the anniversary, Dennis Skelton, an accomplished musician, and Dan Hauck, owner of a recording studio, prepared a Timer CD with music. I had a preview and found it is most appropriate. Those who participated in the preparations for the fund-raiser truly exemplified contemplative service.

Jean Johnson, CO-KY Coordinator, 502-549-3122

New Orleans, LA

Contemplative Outreach of New Orleans found the 10-Day Intensive Retreat (July 25 to August 3, 2003) at Rosaryville, Louisiana like "coming home." This was our third year and we are already planning next year's 10-Day Intensive at Rosaryville to be held July 23 through August 1, 2004. The retreat has brought a hunger for further study of the Night of the Spirit. We have invited Fr. Carl Arico to be with us for a workshop on Saturday, January 31, 2004. Peace.

Vivien Michals

Philippines

Hello from CO Philippines! Our community is thriving. We've had several activities since the summer break. We had a summer outing last month attended by about 60 of us in a lovely lakeside resort. Much fun, fellowship and bonding there! Last July 12, we conducted a Support Group Head Training Program attended by 15 candidates. It was very well received and so we have increased our pool of support group heads to serve future Centering Prayer practitioners. On July 18 - 20, there was an Introductory Centering Prayer Retreat that 70 people attended. And on August 8 - 9, there was an Introductory Workshop in a nearby parish. Indeed the harvest is many...Fortunately, the laborers are increasing too. Deo gratias!

Tess Colayco, International contact, COP

Puerto Rico

Puerto Rico groups are growing under the guidance of the Holy Spirit. In January, the Caguas group marked its first anniversary with a Day of Prayer. Father Jaime Corujo joined us for the celebration. We sponsored the United in Prayer Day at the Sacred Heart University in San Juan. We also offered an Introductory Centering Prayer Workshop at the University of Puerto Rico Catholic Center and a Centering Prayer presentation for the teachers and personnel of Maria Auxiliadora School. The day before Pentecost we spent in the mountains in Barranquitas in silence, prayer, and reflection. August 7th, responding to the requests of our groups, we offered our first 4-Day Intensive Retreat with Fr. Gilberto Walker, CM. Thirty one persons attended. This was an extraordinary experience. The Holy Spirit did all the work. Many healings took place and we were filled with joy and enthusiasm. Couldn't wait to tell others about Centering Prayer and Lectio Divina. Our forthcoming plan includes an Introductory Workshop at El Buen Pastor Home for the homeless. Six prayer groups meet weekly. The Archbishop of San Juan has given us his blessing and approval. For this we thank the Lord.

Maria Luisa Ason

Raleigh, Durham, Chapel Hill, NC (Triangle Contemplative Outreach)

Since our last update (vol. 15#2) Fr. Thomas has visited us (September 7, 2001). Over 1300 people attended! We were grateful to receive his enlightened guidance - and captured it on video and transcript for reflection, study, and presentations at our Quarterly Mornings of Prayer for the Triangle Area. The enthusiasm Fr. Thomas generated ignited an abundance of interest and activity.

We tried to organize our first ever weekend retreat in December 2002. Seventeen folks signed up, but an ice storm resulted in a cancellation. We tried again in February 2003 - and got half way through the weekend before the arrival of another ice storm motivated us to leave early! We'll try again this October.

Our Core Team has a special ministry to area Facilitators. We organized a one-day retreat/workshop for them in February 2002, which included two sessions of Centering Prayer, and presentations on leading small-group faith-sharing with some roleplaying.

continued on next page

Updates continued

North Carolina continued

Also included was a review of the abundant resources available for use in small groups, time for lots of questions and answers, and time for participants to share with one another. Then, we had a special luncheon for them after one of our quarterly area mornings of prayer, and are busy organizing another all-day Enrichment Meeting in October - with one stream for new facilitators and a second for experienced leaders. Our quarterly newsletter is sent to 600 by email, over 300 by regular mail. We have organized 11 Introduction to Centering Prayer series and our Core Team keeps in touch with the new groups as they begin to form community. We are currently evaluating whether we have the resources to begin a local ministry to impoverished elderly people, as well as businesspeople, in a downtown Raleigh setting. We look forward to Fr. Thomas, Fr. Carl, Marie and Gail visiting us for a fund-raising event in October 2004.
John Kelsey, 919-467-0045, jkelsey@bellsouth.net

San Gabriel Valley, CA

We are thankful for the continued interest and growth in our Contemplative Life offerings. Twice per year, our chapter offers the two foundational 6-Week programs, "Introduction to Centering Prayer" and "Praying the Scriptures (a.k.a. Lectio Divina)". We offer monthly Quiet Days with an average attendance of 30 people and have increased our Taizé Services from quarterly occurrences to monthly, a change that has been well received by the community with an average of 65-70 attendees. We also host an ongoing Centering Prayer group.

We are pleased to welcome Dr. Catherine Gregg, who attended the Formation Training in Encino, CA last year. Following her training and additional mentoring, Catherine was the presenter at our Introduction to Centering Prayer program last spring. Catherine and her husband, Dr. Doug Gregg, offer a Spiritual Direction certification program that focuses on the spiritual direction of contemplatives. The couple has a wide-ranging spiritual direction ministry along the west coast with certificated spiritual directors.

In all, not including the ongoing Centering Prayer group, the San Gabriel Valley Chapter hosts 40+ Contemplative Outreach events each year. We are very grateful for the vision, inspiration, training programs, and extensive materials provided by Contemplative Outreach. Through the strong undergirding of Contemplative Outreach, we are sharing the contemplative dimension of the Gospel with many in our chapter who hunger for intimacy with God.

**The Reverend James Clark, 626-282-5147,
 jclark@churchofoursaviour.org**

12-Step Outreach

Contemplative Outreach offers a 1-Day Introductory Workshop and weekend workshops specifically intended for people in 12-step communities entitled "**Centering Prayer and the 12 Steps**". The workshops highlight the connections between the spirituality of the 12 Steps and the contemplative dimensions of the Gospel, and are designed as an invitation to 12-Step people to participate in Contemplative Outreach programs. The weekend workshop generally consists of: an introduction to the method of Centering Prayer; an overview of the way in which the practice of Centering Prayer integrates with the 12 Steps; an environment of silence, with Centering Prayer periods each day; presentations of original material designed for the retreat, videotapes by Fr. Keating specifically designed for the retreat;

and group process and discussion.

"Centering Prayer and the 12 Steps" is offered as three separate weekend workshops generally consisting of the following: Workshop I is an introduction to the method of Centering Prayer, as well as a general overview of the way in which the practice of Centering Prayer integrates with the 12 Steps as a possible 11th Step practice; Workshop II is an investigation of the psychology of the spiritual journey - beginning with an understanding of the Human Condition (or in 12-Step language, character defects) and exploring the manner in which we can be "relieved of the bondage of self"; Workshop III explores spirituality in our daily lives. We see ways of integrating contemplative practices with a daily 12-Step program

A 12-Step outreach committee was established in the summer of 2002 and it has been developing this series of workshops that can be offered through the local chapters and presented in conjunction with trained presenters. The committee has also been developing a training program for presenters for this original material.

To find currently scheduled workshops see events listed on page 19 under the heading **Centering Prayer and the 12 Steps**. To schedule a workshop or to find out more about this program contact:

**Madeline Soo, Committee Chairperson, mlsoo@wi.rr.com,
 414-961-2610.**

San Antonio, TX (COSA)

COSA has a new place to call home! Just like Contemplative Outreach, which started in Gail's garage in New Jersey, COSA began much the same way - but in Tina Balderama's garage in San Antonio. This has all changed. Thanks to the vision of Sr. Mary Agnes Zinni and through the generosity of the Boerne Benedictine Sisters (and by the efforts of volunteers led by Cleo and Rudy Tamez), we have a beautiful new home. It was in August during our 3-day COSA Leadership Team Retreat we officially moved into the multi-room center.

The date for our Open House and dedication ceremony will be announced soon. In the meantime we continue to offer silent retreats and introductory workshops in either English or Spanish and bilingually as well. Our Lectio Divina retreat, January 9-11, with Fr. Carl Arico is filling fast. Please call our new COSA telephone number 210-286-7320 for information.

Earlier this year, in March, Fr. Keating got us off to a fresh start with a presentation of this year's theme, "United in Our Common Search for God". The day-long event was held at the newly built St. Brigid Catholic Church in San Antonio, attracting about 800 participants. On the following afternoon, the Fredericksburg United Methodist Church, located in the beautiful Texas Hill Country, was the site for a continuation of this theme to a packed audience. Later that evening COSA hosted a fund-raiser dinner together with Fr. Keating's 80th birthday celebration at the Kairos Barn near Fredericksburg. The evening festivities were launched with a rousing rendition of "Deep in the Heart of Texas" with specially-written contemplative lyrics (if that is even possible). Each of the 96 guests lit their candles from a large single candle held by Fr. Keating. The room was bathed in music, flowers, light, and love. So far, close to \$30,000 was raised for the CO Capital Campaign that unforgettable evening.

Timothy Koock, Contemplative Outreach Liaison

Updates continued

St. Louis, MO

I proclaim that there are so many things to be grateful for within the community of Contemplative Outreach of St. Louis! Our late spring and summer schedule has been packed with retreats, introductory programs, ongoing series and special events, and they all seem to have come off without a hitch. It is the extraordinary dedication of our volunteer *servant leaders* that make it all possible. Speaking as the Coordinator as well as for the Leadership Team, our gratitude and admiration to all of these wonderful folks seems almost immeasurable. It brings to mind a delightful and oft repeated quote taken from The Rule of St. Benedict: "How very good and pleasant it is when kindred live together in unity!" Psalm 133:1

Our efforts to move back into the local parish communities to share the method of Centering Prayer have gone very well. We still have a few kinks to work out here and there, but the truth is we are presenting our Introductory Program to more communities than ever before. Our ongoing series of programs and events, the Spiritual Journey Video Series, Living Flame, various retreats, prayer group support, Silent Saturdays (one of my personal favorites), 12-Step Outreach and the Ongoing Spiritual Formation are all moving along splendidly. I suppose our recent visit from Fr. Thomas Keating was the crowning glory!

Yet very often I hear those of us in Leadership asking ourselves if we could be doing more or doing a better job? I suppose some of those questions are inevitable and even a good and healthy thing for an organization such as ours. But at the same time, I do believe we are called to do this work with a spirit of detachment. I try to remember that this is essentially not our work, but the work of the Spirit. Our primary purpose is to share the method of Centering Prayer and to provide ongoing support to those that undertake the spiritual journey. We are called to be "who we say we are." Fr. Keating tells us over and over again that the most important thing we can do to be of service is to do our daily practice of Centering Prayer.

Matthew Flatley, Coordinator COSTL

Texas (The Heart of Texas Chapter)

Centering Prayer is alive, well, and growing deep in the Heart of Texas. Four new prayer groups have recently been added and two more churches are sponsoring Introductory Workshops with six Formation Follow-up weekly classes, which began in August. Plans for 2004 includes several 1-Day retreats and full compliment of multi-day retreats at Cedarbrake Renewal Center.

Doug Sanders, Coordinator

Westchester, NY (CO of Westchester)

Members of the Westchester Chapter (Tom Skinner, Mary Ann Neiger and Diane Harkin) worked on the planning for Fr. Keating's visit to NYC on October 18th. Westchester co-hosted the "Leadership Enrichment Day" with Fr. Thomas in NYC on April 26th. We discussed the future of our chapter particularly as it relates to the prison and 12-Step outreaches, youth outreach and the possibility of hosting our own retreats. "The United in Prayer Day" on March 15th was attended by 36 participants. The Spiritual Paths Foundation hosted a rare weekend gathering of spiritual leaders in Westchester on May 9-11. Many Westchester members attended. It was enlightening to listen to the meditative practices of the world religions. Of course, Fr. Thomas was the Christianity representative. Buddhism, Sufi Islam, Hinduism and Judaism were also represented. We will be doing an Introductory Workshop at the Church of the Magdelene in North Tarrytown on October 4th. Contact Diane Harkin at 914-423-4888 for more information

Thomas Skinner, 914-328-0420

Washington, DC (CO Metropolitan Washington)

We continue to observe the emergence of servant-leaders in our area (District of Columbia, suburban Maryland, and Northern Virginia). Several of us have attended Servant-Leadership Formation Programs, others have become contact persons, and others have begun facilitating groups. In an initiative to identify new direction for our chapter, we surveyed nearly 30 group facilitators in early 2003 and held a visioning weekend on June 13-14, 2003. The former served to make contact with group facilitators (known and unknown to us) and begin to identify the needs of facilitators and groups. Susan Komis, Chair of the Coordinator Communication Committee, joined us for "The Visioning and Enrichment of Contemplative Outreach of Metropolitan Washington (COMW): From Past, in the Present, For the Future" in June. Given Susan's delightful input and guidance, it was a time of reflection, clarification, and assessment for the 40 in attendance. The event provided a firm impetus for the future work of Contemplative Outreach in our area. Given newly identified energy, servant-leaders, and outreach and program initiatives, COMW continues well in its fostering and supporting of the practice of Centering Prayer with the loving kindness of the Spirit.

Ronald Barnett, Chapter Coordinator, 240-432-5977, rbarnett@mindspring.com

2004 Anniversary Chapter

Fr. Thomas Keating, Fr. Carl Arico, Gail Fitzpatrick-Hopler and Marie Howard are visiting Chapters offering enrichment, personal contact, and fund-raising events. If you are interested in scheduling a tour for your chapter contact Marie Howard, the Special Events Coordinator, at MRHfamlife@aol.com or 310-823-5863.

January 18	Venice, FL
April 16 - 18	Houston, TX
April 25	Milwaukee, WI
June 4 - 5	Boston, MA
July 9 - 11	Omaha, NE
September 17- 19	Iowa City/Davenport, IA
October 8 - 10	Peoria, IL
October 15 - 17	Dallas, TX
October 29- 31	Raleigh, Durham, Chapel Hill, NC
November 5 - 7	Cleveland, OH

Calendar of Events

December 2003 — August 2004

Introduction to Centering Prayer Retreats/Workshops

A contemporary presentation of the discipline of Centering Prayer as silent communion with God beyond concepts, words and images.

Melbourne, KY Moye Spiritual Life Center	Jan 10-11	Contemplative Outreach Staff Contact: Nancy McLaughlin (859) 441-0700 x325
Cullman, AL Benedictine Center	Jan 23-25	Contemplative Outreach Staff Contact: Gloria Garrison (256) 734-8302
Melbourne, KY Moye Spiritual Life Center	Feb 27-29	Contemplative Outreach Staff Contact: Nancy McLaughlin (859) 441-0700 x325
Walden, NY St. Andrew's Retreat House	Mar 3-7	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102
Osakis, MN St. Elizabeth Retreat Center	Mar 5-7	Contemplative Outreach Staff Contact: Carol Weber (218) 894-3631
Utica, NY The Good News Foundation	Mar 5-7	Contemplative Outreach Staff Contact: Bruce Gardiner (518) 325-5546
Melbourne, KY Moye Spiritual Life Center	Jun 18-20	Contemplative Outreach Staff Contact: Nancy McLaughlin (859) 441-0700 x325
San Salvador, El Salvador Salesian Center Retreat House	Aug 28-29	Contemplative Outreach Staff Contact: Lelia Membreno 11-503-263-3402

The "Welcoming" Prayer Workshop A spiritual practice of "Letting Go" of feelings, emotions, thoughts and body sensations into the present moment during the ordinary routines of daily life. Prior Centering Prayer experience necessary.

Weston, MA Campion Center	Feb 27-29	Fr. Bill Sheehan, OMI Contact: Sandy Vesty (978) 264-4871
Walden, NY St. Andrew's Retreat House	Mar 26-28	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102

Centering Prayer and the 12 Steps (The 11th Step)

The purpose of this weekend is to introduce or expand the experience of Centering Prayer as a part of a daily 12 Step Practice and to stimulate a desire and resolve to practice prayer and meditation on a daily basis. To schedule a workshop contact Madeline Soo at MLS00@wi.rr.com, (414) 961-2610. If you would like to share ideas; find out how you can be of service in this Outreach, and be part of an e-mail conversation, please contact Susan Thornett, thornetts002@hawaii.rr.com

St. Louis, MO Il Ritiro	Dec 5-7	Contemplative Outreach Staff Contact: Matthew Flatley (314) 918-8288
Winnipeg, Canada St. Benedict's Retreat Center	Feb 27-29	Contemplative Outreach Staff Contact: Sr. Catherine Labinowich (204) 338-4601
Jerome ID Monastery of the Ascension	Feb 12-15	Contemplative Outreach Staff Contact: Grace Coassolo (208) 423-6301
Alta, WY Alta Retreat Center	May 13-15	Rev. Sandra Casey-Martus Contact: Carole Flaherty (307) 353-8200

Introduction to Lectio Divina Retreats/Workshops Conferences and practice introducing us to the most traditional way of cultivating a friendship with Christ.

Dover, MA St. Stephen's Priory	Jan 9-11	Fr. Bill Sheehan OMI Contact: Lee Piorier (978) 369-4131
Boerne, TX Kordes Retreat Center	Jan 9-11	Fr. Carl Arico Contact: Sr. Mary Agnes Zinni (830) 249-3894
San Salvador, El Salvador Salesian Center Retreat House	Feb 21-23	Contemplative Outreach Staff Contact: Lelia Membreno 11-503-263-3402
Appingedam, Netherlands	Mar 19-21	Contemplative Outreach Staff Contact: Sr. Anje/Sr. Debbie 0596-623631
Melbourne, KY Moye Spiritual Life Center	Jun 18-20	Contemplative Outreach Staff Contact: Nancy McLaughlin (859) 441-0700 x325
Appingedam, Netherlands	Jul 7-9	Contemplative Outreach Staff Contact: Sr. Anje/Sr. Debbie 0596-623631

Calendar continued

Centering Prayer Weekend Retreats

Includes conferences renewing the method of Centering Prayer and a moderate amount of Centering Prayer in common.

Walden, NY St. Andrew's Retreat House	Dec 5-7	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102	St. Louis, MO Marianist Retreat Center	Mar 5-7	Contemplative Outreach Staff Contact: Matthew Flatley (314) 918-8288
Waldoboro, ME Wellspring House of Prayer	Dec 12-14	Contemplative Outreach Staff Contact: Adele Millette (207) 832-6263	Dededo, Guam Our Lady of Kamalin House of Prayer	Mar 14-16	Contemplative Outreach Staff Contact: Sr. Bernadette Guerrero (671) 646-7246
Walden, NY St. Andrew's Retreat House	Dec 30-Jan 1 New Year's	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102	Rapid City, SD St. Martin Monastery	Mar 19-21	Contemplative Outreach Staff Contact: Sr. Marmion Howe (605) 343-2688
Osakis, MN St. Elizabeth Retreat Center	Jan 2-4	Contemplative Outreach Staff Contact: Carol Weber (218) 894-3631	Kwa Sulu Natal, South Africa St. Dominic's	Mar 20-22	Contemplative Outreach Staff Contact: Norman McNally 031-201-5278
Frenchville, PA Bethany Retreat Center	Jan 9-11	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855	Waldoboro, ME Wellspring House of Prayer	Apr 2-4	Contemplative Outreach Staff Contact: Adele Millette (207) 832-6263
Dededo, Guam Our Lady of Kamalin House of Prayer	Jan 11-13	Contemplative Outreach Staff Contact: Sr. Bernadette Guerrero (671) 646-7246	Frenchville, PA Bethany Retreat Center	Apr 2-4	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855
Colorado Springs, CO Benet Pines Retreat Center	Jan 23-25	Contemplative Outreach Staff Contact: Sr. Anne Stedman (719) 633-0655	Sewanee, TN St. Mary's	Apr 16-18	Contemplative Outreach Staff Contact: Carol Wray (615) 373-0613
Richmond, VA Shalom House Retreat Center	Jan 23-25	Contemplative Outreach Staff Contact: Reba Gabel (804) 340-0110	Dededo, Guam Our Lady of Kamalin House of Prayer	Apr 18-20	Contemplative Outreach Staff Contact: Sr. Bernadette Guerrero (671) 646-7246
Appingedam, Netherlands	Jan 28-30	Contemplative Outreach Staff Contact: Sr. Anje/Sr. Debbie 0596-623631	Colorado Springs, CO Benet Pines Retreat Center	Apr 23-25	Contemplative Outreach Staff Contact: Sr. Anne Stedman (719) 633-0655
Frenchville, PA Bethany Retreat Center	Feb 6-8	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855	Waldoboro, ME Wellspring House of Prayer	May 7-9	Contemplative Outreach Staff Contact: Adele Millette (207) 832-6263
Osakis, MN St. Elizabeth Retreat Center	Feb 6-8	Contemplative Outreach Staff Contact: Carol Weber (218) 894-3631	Frenchville, PA Bethany Retreat Center	May 7-9	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855
Dededo, Guam Our Lady of Kamalin House of Prayer	Feb 8-10	Contemplative Outreach Staff Contact: Sr. Bernadette Guerrero (671) 646-7246	Saginaw, MI Queen of Angels Retreat Center	May 14-16	Contemplative Outreach Staff Contact: Nan Spence (989) 791-7079
Birmingham, AL	Feb 20-22	Elizabeth Anne Stewart Contact: Caroline Humphreys (256) 734-8302	Allenspark, CO St. Malo	May 14-16	Contemplative Outreach Staff Contact: Sr. Bernadette Teasdale (303) 698-7729
Seabrook Island, SC St. Christopher	Feb 20-22	Fr. Bill Fickel SSS Contact: Sr. Kathleen Kane (843) 681-6350 x266	Appingedam, Netherlands	May 14-16	Contemplative Outreach Staff Contact: Sr. Anje/Sr. Debbie 0596-623631
Sedalin, CO Sacred Heart	Feb 20-22	Contemplative Outreach Staff Contact: Sr. Bernadette Teasdale (303) 698-7729	Dededo, Guam Our Lady of Kamalin House of Prayer	May 16-18	Contemplative Outreach Staff Contact: Sr. Bernadette Guerrero (671) 646-7246
Frenchville, PA Bethany Retreat Center	Mar 3-7	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855	Allenspark, CO St. Malo	Jun 11-13	Contemplative Outreach Staff Contact: Sr. Bernadette Teasdale (303) 698-7729
Brooklyn, MI DeSales Center/ Family Village	Mar 4-7	Contemplative Outreach Staff Contact: Ardis Gardella (517) 592-8218	Dededo, Guam Our Lady of Kamalin House of Prayer	Jun 13-15	Contemplative Outreach Staff Contact: Sr. Bernadette Guerrero (671) 646-7246
Waldoboro, ME Wellspring House of Prayer	Mar 5-7	Contemplative Outreach Staff Contact: Adele Millette (207) 832-6263	Frenchville, PA Bethany Retreat Center	Jun 23-27	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855
			Manhasset, NY St. Ignatius Retreat House	Jun 25-27	Contemplative Outreach Staff Contact: Barbara Sullivan (516) 481-0472
			Belton, TX Cedar Brake Renewal Center	Jul 9-11	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673

December 2003-August 2004

Centering Prayer Weekend Retreats Continued

Kwa Sulu Natal, South Africa Coolock House	Jul 23-25	Contemplative Outreach Staff Contact: Norman McNally 031-201-5278
Dededo, Guam Our Lady of Kamalin House of Prayer	Jul 25-27	Contemplative Outreach Staff Contact: Sr. Bernadette Guerrero (671) 646-7246
Austin, TX Cedar Brake Renewal Center	Aug 27-29	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673

Holy Week Retreat

A celebration of the contemplative dimension of the Easter Triduum. Includes silent meditation periods, liturgies celebrated by Fr. Carl Arico, silence, Lectio Divina, and sharing

Walden, NY St. Andrew's Retreat House	Apr 7-11	Fr. Carl Arico Contact: Cathy McCarthy (845) 778-2102
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Intensive Centering Prayer Retreats

Provides an opportunity to immerse participants in the practice of Centering Prayer as taught by Contemplative Outreach. The 10 Day Intensive features Parts I,II,III of the "Spiritual Journey" videotape series by Fr. Thomas Keating. May be modified from 5 to 10 days.

5-6-7-8-9 Day Intensive Retreats

Sewanee, TN St. Mary's	Jan 4-11 8 Day	Contemplative Outreach Staff Contact: Carol Wray (615) 373-0613
Belton, TX TBD	Jan 28-Feb 1 5 Day	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673
Walden, NY St. Andrew's Retreat House	Feb 24-29 6 Day	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102
Belton, TX Cedar Brake Renewal Center	Feb 27-Mar 4 7 Day	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673
Culman, AL Benedictine Center	Mar 25-29 5 Day	David Frenette Contact :Nicole Fedder (814)263-4855
Belton, TX Cedar Brake Renewal Center	Mar 31-Apr 4 5 Day	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673
Kwa Sulu Natal, South Africa	Mar 31-Apr 7 8 Day	Contemplative Outreach Staff Contact: Norman McNally 031-201-5278
Alta, WY Alta Retreat Center	Apr 18-24 7 Day	Rev. Sandra Casey-Martus Contact: Carole Flaherty (307) 353-8200
Walden, NY St. Andrew's Retreat House	May 4-9 6 Day	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102
Hingham, MA Glastonbury Abbey	May 12-16 5 Day	Fr. Bill Sheehan OMI Contact: Sandy Vesty (978) 264-4871
Racine, WI Siena Center	May 14-21 7 Day	Contemplative Outreach Staff Contact: Kathryn Anne Kobelinski (414) 282-7310
Lincoln City, OR Nestucca	May 27-Jun 4 8 Day	Contemplative Outreach Staff Contact: Hannah Thomassen (541) 767-0832

Sewanee, TN St. Mary's	Jun 6-13 8 Day	Contemplative Outreach Staff Contact: Carol Wray (615) 373-0613
Ferdinand, IN Kordes Retreat Center	Jul 3-10 7 Day	Contemplative Outreach Staff Contact: Vanessa Hurst (800) 880-2777x2907
Mt. Holly, NJ Francis House of Prayer	Jul 9-16 7 Day	Contemplative Outreach Staff Contact: Sr. Marcy Springer (609) 877-0509
Wichita, KS Spiritual Life Center	Jul 18-23 5 Day	Contemplative Outreach Staff Contact: Dan Rensel (316) 838-4751
Mt. Holly, NJ Francis House of Prayer	Jul 18-25 7 Day	Contemplative Outreach Staff Contact: Sr. Marcy Springer (609) 877-0509
Melbourne, KY Moye Spiritual Life Center	Jul 18-25 8 Day	Fr. Carl Arico Contact: Nancy McLaughlin (859) 441-0700 x325
Dededo, Guam Our Lady of Kamalin House of Prayer	Jul 19-Aug 24 5 Day	Contemplative Outreach Staff Contact: Sr. Benadette Guerrero (671-) 646-7246
Richmond, VA Shalom House Retreat Center	Jul 23-30 8 Day	Fr. Bill Sheehan & April Swofford Contact: Reba Gabel (804) 340-0110
Mt. Holly, NJ Francis House of Prayer	Jul 28-Aug 4 7 Day	Contemplative Outreach Staff Contact: Sr. Marcy Springer (609) 877-0509
Walden, NY St. Andrew's Retreat House	Aug 24-29 6 Day	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102
Maple Mount, KY Mt. St. Joseph Conference & Retreat Center	Aug 26-31 8 Day	Contemplative Outreach Staff Contact: Ursuline Sister (270) 229-0200

10 Day Intensive Retreats

Snowmass, CO St. Benedict's Monastery	Jan 13-22	Contemplative Outreach Staff Contact: Carol DiMarcello (970) 927-9376
Snowmass, CO St. Benedict's Monastery	Apr 13-22	Contemplative Outreach Staff Contact: Carol DiMarcello (970) 927-9376
Snowmass, CO St. Benedict's Monastery	May 11-20 FULL NO Wait List	Contemplative Outreach Staff Contact: Carol DiMarcello (970) 927-9376
Belton, TX Cedar Brake Renewal Center	Jun 1-Jun 10	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673
Alta, WY Alta Retreat Center	Jun 10-19	Rev. Sandra Casey-Martus Contact: Carole Flaherty (307) 353-8200
Snowmass, CO St. Benedict's Monastery	Jun 15-24 FULL: Waiting List	Contemplative Outreach Staff Contact: Carol DiMarcello (970) 927-9376
Cullman, AL Benedictine Center	Jun 28-Jul 7	Contemplative Outreach Staff Contact: Sr. Mary McGehee (256) 736-5820
St. Louis, MO Il Ritiro	Jul 23-Aug 1	Contemplative Outreach Staff Contact: Matthew Flatley (914) 918-8288

Calendar continued

Advanced Centering Prayer Retreats

Provides an opportunity to deepen the practice of Centering Prayer in an atmosphere of silence and community support. The Advanced Intensive usually features Part IV of the "Spiritual Journey" videotape series by Fr. Thomas Keating. Prior Centering Prayer Retreat experience required. May be 5, 7, 8, 9 or 10 day.

5, 7, 8, 9, 10 Day Advanced Retreats

St. Joseph, MN St. Benedict's Monastery Spirituality Center	Jan 2-9 8-Day	Contemplative Outreach Staff Contact: Rita Budig, OSB (320)363-7115
Snowmass, CO St. Benedict's Monastery	Feb 10-19	Contemplative Outreach Staff Contact: Carol DiMarcello (970) 927-9376
Toronto, Ontario St. John the Devlin	Mar 15-21 7-Day	Contemplative Outreach Staff Contact: Kate Jackson (416) 226-1829
Nazareth, KY Catherine Spalding Center	Apr 16-23 8 Day	Contemplative Outreach Staff Contact: Mary Otho Ballard OP (502) 331-9074
Racine, WI Siena Center	May 14-21 8-Day	Contemplative Outreach Staff Contact: Kathryn Anne Kobelinski (414) 282-7310
St. Joseph, MN St. Benedict's Monastery Spirituality Center	May 23-Jun 1 8-Day	Contemplative Outreach Staff Contact: Rita Budig, OSB (320)363-7115
Miami FL Dominican Retreat House	Jun 21-27 7 Day	Contemplative Outreach Staff Contact: Barbara Rietberg (305) 251-7302
Winnipeg, Canada St. Benedict's Retreat Center	Jul 2-9 8-Day	Contemplative Outreach Staff Contact: Sr. Catherine Labinowich (204) 338-4601

Post Intensive Centering Prayer Retreats

Provides an opportunity for intensive Centering Prayer, Lectio Divina, solitude and silence in community. Prior Centering Prayer Retreat experience necessary. May be 5, 6, 7, 8, 9 or 10 day.

5-6-7-8-9 Day Post Intensives

Sewanee, TN St. Mary's Retreat Center	Jan 4-11 8 Day	Contemplative Outreach Staff Contact: Carol Wray (615) 373-0613
Belton, TX TBD	Jan 28-Feb 1 5 Day	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673
Walden, NY St. Andrew's Retreat House	Feb 24-29 6 Day	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102
Austin, TX Cedar Brake Renewal Center	Feb 27-Mar 4 7 Day	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673
Belton, TX Cedar Brake Renewal Center	Mar 31-Apr 4 5 Day	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673

Walden, NY St. Andrew's Retreat House	May 4-9 6 Day	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102
Ferdinand, IN Kordes Retreat Center	Jun 3-10 7 Day	Contemplative Outreach Staff Contact: Vanessa Hurst (800) 880-2777x2907
Sewanee, TN St. Mary's Retreat Center	Jun 6-13 8 Day	Contemplative Outreach Staff Contact: Carol Wray (615) 373-0613
Encino, CA Mt. St. Mary's	Jun 11-18 8 Day	Contemplative Outreach Staff Contact: Sr. Linda Snow (818) 784-4515
Richmond, VA Shalom House Retreat Center	Jun 23-30 8 Day	Fr. Bill Sheehan & April Swofford Contact: Reba Gabel (804) 340-0110
Melbourne, KY Moye Spiritual Life Center	Jul 18-25 8 Day	Fr. Carl Arico Contact: Nancy McLaughlin (859) 441-1077x325
Walden, NY St. Andrew's Retreat House	Aug 24-29 6 Day	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102

10 Day Post Intensives

Snowmass, CO St. Benedict's Monastery	Dec 9- 18 FULL: Wait List Only	Contemplative Outreach Staff Contact: Carol DiMarcello (970) 927-9376
Amarillo, TX St. Benedict's Monastery	Mar 9-18 FULL: Wait List Only	Contemplative Outreach Staff Contact: Carol DiMarcello (970) 927-9376
Alta, WY Alta Retreat Center	May 20-29	Rev. Sandra Casey-Martus Contact: Carole Flaherty (307) 353-8200
Culman, AL Benedictine Center	Jun 28-Jul 7	Contemplative Outreach Staff Contact: Sr. Mary McGehee (256) 736-5820
Belton, TX Cedar Brake Renewal Center	Jul 1-10	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673
Frenchville, PA Bethany Retreat Center	Jul 22-31	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855
St. Louis, MO Il Ritiro	Jul 23-Aug 1	Contemplative Outreach Staff Contact: Matthew Flatley (314) 918-8288
Snowmass, CO St. Benedict's Monastery	Aug 3- 12 FULL: Wait List Only	Contemplative Outreach Staff Contact: Carol DiMarcello (970) 927-9376
Walden, NY St. Andrew's Retreat House	Aug 13-22	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102

December 2003-August 2004

21-Day Centering Prayer Immersion Retreat

Unique opportunity for those already established in Centering Prayer to deepen the experience of living the commitment to the contemplative dimension of the Gospel in daily life. Different theme and presenter each week.

Walden, NY Jun 5-25 Fr. Thomas Keating
St. Andrew's David Frenette, Gail F. Hopler
Retreat House Contact: Cathy McCarthy
(845) 778-2102

Alta, WY Jun 27-Jul 6 Rev. Sandra Casey-Martus
Alta Contact: Carole Flaherty
Retreat Center (307) 353-8200

Immersion Renewal Retreat

For those who have participated in the 21-Day Centering Prayer Immersion Retreat.

Walden, NY Jan 20-25 Fr. Thomas Keating
St. Andrew's 6 Day Contact: Cathy McCarthy
Retreat House (845) 778-2102

New - Centering Prayer and the Practices of Faith

The living faith explored on this retreat leads to and arises out of Centering Prayer itself. It helps provide a foundation for living contemplation in daily life.

Walden, NY Feb 6-10 David Frenette
St. Andrew's 5 Day Contact: Cathy McCarthy
Retreat House (845) 778-2102

Formation for Contemplative Outreach Service

Provides training and practice in interiorizing and communicating the essential elements of an Introductory Workshop on Centering Prayer, as well as an opportunity to look at our own Centering Prayer practice in light of the Essentials. Prerequisites are prior attendance at a 10 Day Intensive Retreat and the daily practice of Centering Prayer. The Course includes Centering Prayer and presentations by the staff and participants.

Alta, WY May 2-8 Rev. Sandra Casey-Martus
Alta Contact: Carole Flaherty
Retreat Center (307) 353-8200

Winnipeg, Canada Jun 2-9 Contemplative Outreach Staff
St. Benedict's Contact: Sr. Catherine Labinowich
Retreat Center (204) 338-4601

Alta, WY Aug 8-14 Rev. Sandra Casey-Martus
Alta Contact: Carole Flaherty
Retreat Center (307) 353-8200

Contemplative Outreach Ltd. Study Program in the Christian Contemplative Tradition

The twelve week course is divided into two parts and covers contemporary expressions of the Christian contemplative tradition and then reaches back, during the last six weeks to the beginnings of the systematic practice of contemplative prayer among the desert monks of Syria, Egypt and Palestine. Objectives of this course include facilitating a deeper understanding of the depth and richness of the Christian contemplative tradition and the chance to engage the study material beyond the intellectual level in order to find the living tradition as we personally interact with it in our everyday lives. For more information, call:

Bonnie Shimizu (970) 927-3858 or email — bjs@rof.net.

Nine Month Course: The Practice of Contemplative Living

An ongoing process of formation enabling participants to create their own unique contemplative lifestyle in the contemporary world. Commitment is one weekend a month for nine months. Prayer, contemplative living and the integration of contemplation and activity are cultivated; the process is aided by the development of relational prayer through contemplative prayer practices. For information contact:

Walden, NY Cathy McCarthy (845) 778-2102
Denver, CO Rose Meyler (303) 863-0932
Winter Park, FL Basha Perez (407) 869-0781

Nine Month Course, Part II: A Deepening of Contemplative Living

Walden, NY Cathy McCarthy (845) 778-2102

The Living Flame

A national program on contemplative issues, designed to heighten the awareness of the dynamic of Centering Prayer in the context of the Spiritual Journey, offering guidance and intelligibility needed to stay faithful to the practice. It is an opportunity to receive and share conceptual background at a deeper level, as well as experiential insight, thus building a faith community committed to the Centering Prayer practice. Meets one Saturday a month during seven consecutive months. For information, contact **Matthew Flatley (314) 918-8288.**

Parish Missions/Retreats -Fr. Carl Arico

**Contact: C. O. International Office, Butler, NJ
(973) 838-3384**

Jan 9 - 11	Weekend Retreat	San Antonio, TX
Jan 24	Nights of John of the Cross	St. Rose, Massapequa, LI
Jan 30 - 31	Night of the Spirit	New Orleans, LA
Feb 7	Living Flame	St. Louis, MO
Feb 21 - 24	Parish Mission	St. Ann, Barrington, IL
Feb 28 - Mar 2	Parish Mission	OL of Sacred Heart, Hilltown, PA
March 6 - 9	Parish Mission #2	Toledo, OH
Mar 13 - 16	Parish Mission #3	St. Anne, Wausau, WI
Mar 20 - 23	Parish Mission #2	OL of Angels, Opelousas, LA
Mar 27 - 31	Parish Mission	St. James, Stratford, CT
April 3	Day of Prayer	Breezy Point, NY
April 7 - 11	Holy Week	St Andrews, Walden, NY
April 22-24	Leadership Gathering	Chicago, IL
May 15	Living Flame	Los Angeles, CA
July 18 - 25	Post/Intensive Retreat	Melbourne, KY
Aug 5 - 9	Welcoming Prayer Training	Denver, CO

For Information about Contemplative Outreach in the U.S.

AK Anchorage	Kess Frey	907-338-2894	LA Houma	Sr. Fionnuala Quinn	985-580-3444
AK Juneau	Fr. Thomas Weise	907-789-7307	LA Lake Charles	Barbara Tomme	337-855-4239
AL Birmingham	Aloysius Golden	205-592-3930	LA New Orleans	Ed & Vivian Michals	504-944-4000
AL Cullman	Sr. Mary McGehee	256-736-5820	LA Shreveport	Alan Prater	318-797-8721
AZ Scottsdale	Denise Caldwell	480-970-6428	MA Amherst	Connie Daniel	413-256-1369
AZ Tempe	Jeanne Lashinske	480-423-1645	MA Boxborough	Kathleen Long	978-263-1319
AZ Tucson	Frank Tuoti	520-749-3443	MA Lowell	Fr. William Sheehan	978-454-0039
CA Brea	Bob Blair	714-990-2508	MA Rockport	Robert Hope	978-546-6044
CA Encino	Sr. Linda Snow	818-784-4515	MA Taunton	Ethel Fraga	508-822-2410
CA Eureka	Ken Meece	707-269-4245	MA West Chatham	Kathleen Rhinesmith	508-945-5092
CA Hermosa Beach	Rev. Paul Lawson	310-376-8989	MD Annapolis	Carol Leach	410-263-1752
CA LaCanada	Catherine Marie Bazar, OP	626-685-8559	MD Germantown	Ronald Barnett	301-540-3858
CA LaVerne	Sr. Michele Harnett	909-599-3113	MD Potomac	Guy & Dana Semmes	301-983-1857
CA Long Beach	Barbara B. Thompson	562-433-7901	ME Waldoboro	Adele Millette	207-832-6263
CA Marina Del Rey	Marie Howard	310-823-5863	MI Grand Rapids	Rev. David Muyskens	616-452-2234
CA Orange	David & Sharon Hoover	714-456-9891	MI Grosse Pt	Bernadette Thibodeau	313-882-4824
CA Pasadena	Rev. Ellen Wekall	626-792-2013	MI Haslett	Bella Mody	517-339-1647
CA Piedmont	Eileen Halliburton	510-763-1829	MI Saginaw	Nan Spence	989-791-7079
CA Sacramento	Liberty Kovacs	916-452-0483	MN Chasset	Nicholas Eltgroth	218-328-6396
CA San Diego	Fr. Justin Langille	619-226-6000	MN Duluth	Meridith Schifsky	218-525-9363
CA San Francisco	Mary English	415-282-8076	MN Inver Grove Hts	Robert Abbott	651-450-7337
CA San Francisco	Mark Lodico	415-252-1667	MN Mendota Heights	Yong-Chin Denn	651-306-0348
CA San Gabriel	Rev. Jim Clark	626-282-5147	MN St Joseph	Sr. Katherine Howard	320-363-7187
CA San Jose	Jean Ramacciotti, OPL	650-326-5256	MN St. Paul	Sr. Virginia Matter	651-777-7251
CA Santa Monica	Sarah MacDonald	310-452-8989	MN Staples	Carol Weber	218-894-3631
CO Boulder	Barbara Hayden	303-494-2845	MO Lake St. Louis	Susan Komis	888-350-5088
CO Breckenridge	Jim Bernlohr	970-453-6003	MO Nixa	Gary Johnson	417-724-9598
CO Carbondale	Pat Johnson	970-963-1258	MO Springfield	Mary & David Fromme	417-823-8359
CO Colorado Springs	David Saloman	719-475-7011	MO St. Louis	Matthew Flatley	314-918-8288
CO Colorado Springs	Sr. Anne Stedman	719-473-6184	MS Clinton	Tom Lewis	601-955-4743
CO Denver	Drue Pollan	303-753-9099	MS Tupelo	Allen Cooley	662-377-2854
CO Denver	John Congdon	303-355-1731	MT Missoula	Jean Woessner	406-721-3540
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CO Snowmass	Bonnie J. Shimizu	970-704-1501	NE Omaha	Sharon Anderson	402-346-8429
CT Avon	Rev. Jon Widing	860-676-0294	NE Omaha	Eleanore McNulty	402-333-3819
CT Greenwich	Patricia Castellano	203-531-6528	NH Manchester	Sr. Maryann Laughlin	603-627-9493
CT Wilton	Sr. Lorraine Pianka	203-762-3318	NJ Bayonne	Therese Saulnier	201-436-8256
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FL Longwood	Basha Perez	407-869-0781	NM Sante Fe	Susan Rush	505-466-4527
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Wexford	Sr. Ita Miller	011-35-353-33580

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Singapore	Cecilia Ee	011-65-6241-2663
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Hercules	Sr. Francis Grogan	011-27-12-379-8559
Johannesburg	August Donovan	011-27-11-477-4082
Kommetjie	Urs & Dawn Geiges	011-27-21-783-4879
Murrayfield	Peggy Pilliner	011-27-12-803-6866
Pietermaritzburg	Penny Emslie	011-27-33-394-4985
Pinelands	Brian Podesta	011-27-21-531-9114

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Spain

Las Palmas Gran Canaria	Patricia Roberts	011-34-928-466822
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Switzerland

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Hispanic Outreach

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